

From Addiction to Recovery

DVD Programs and Series

Beat the Street: Clean and Sober in the City

Bestseller!

Reelizations Media

This award-winning series shows how to deal with frustration and stress, and resist the lure of "easy money" and the street life. Covers the first weeks home, dealing with old friends, handling "get-high buddies," dealing with dysfunctional families, sexual triggers, stress of parenting, coping with emotional "danger zones" in early recovery, and much more. Shows how to achieve goals. Includes a 170-page Counselor's Guide. 38-40 minutes each. **\$195.00 for each DVD.**

SPECIAL: \$750.00 for complete series (save \$225.00!).

- Street Smarts
- Back on the Block
- Recovering Relationships
- Catchin' Feelings
- Making It Happen

Addiction, Recovery, and Relapse DVD Series

Terence T. Gorski

Three powerful DVDs developed by one of today's leading addiction and recovery specialists present the most recent research on addiction, recovery, and relapse. Each DVD is divided into three parts (29 to 46 minutes per part for a total of over 4 hours of viewing time) that examines various aspects of each issue – principles, abuses, risks, warning signs, denial, prevention, and much more. **\$300.00 each.**

SPECIAL: \$879.00 for all three DVDs.

- Addiction DVD Series
- Recovery DVD Series
- Relapse DVD Series

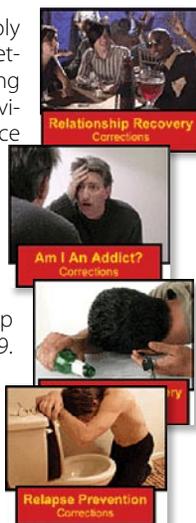
Bestseller!

Addiction Recovery for Ex-Offenders DVD Series

Featuring "Slick," The Voice of Addiction

These six DVD programs help anyone understand and apply addiction recovery principles in a simple, fun, and unforgettable format. Each DVD integrates testimonials of recovering addicts, insights from addiction specialist Saul Selby (previously the Clinical Director at Hazelden), and Slick, "the voice of addiction." Slick is an animated puppet that represents the addicted voice. He regularly gives viewers "bad" advice, which helps individuals understand their own self-destructive thinking process. Slick, which makes these products both humorous and memorable, has been mentioned twice on CBS's *60 Minutes*. Each DVD runs 20-30 minutes and can be broken down into 5-minute group starters. Includes free downloadable worksheets. 2009. **\$199.00 each. SPECIAL: all 6 DVDs for \$999.00.**

- Understand and Overcome Denial
- Cross-Addiction and Recovery
- Motivation and Recovery
- Relapse Prevention: Coping with Cravings and Triggers
- Am I An Addict?
- Changing Friends to Stay Sober



Separate version available for other audiences (order as *Addiction Recovery DVD Series*)

Drugs of Addiction DVD Series

This DVD series features essential facts and vivid, dramatic personal stories by recovering addicts that challenge myths with realities. 20 to 46 minutes each. **\$149.00 each. SPECIAL: \$995.00 for complete series of 9 DVDs.**

- Alcohol: The Substance, the Addiction, the Solution
- Club Drugs: When the Party Is Over
- Cocaine and Crack: Back From the Abyss
- Cross-Addiction: The Back Door to Relapse
- Heroin: What Am I Going to Do?
- Marijuana: Escape to Nowhere
- Methamphetamine: Deciding to Live
- OxyContin™ and Other Prescription Drugs: Killing the Pain
- Prescription Drugs: Recovery From the Hidden Addiction



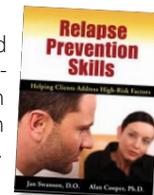
Drug and Alcohol Prevention DVD Series for Teens

Features poignant, hard-hitting testimonials from teens in recovery. Debunks myths and presents important pharmacological facts. 10 – 20 minutes each. **\$149.00 each unless otherwise specified. SPECIAL: \$1,095.00 for series.**

- Club Drugs: Nothing to Rave About
- Cocaine/Crack: Journals From the Inside
- Inhalants: Danger! Toxic Chemicals
- Overcast: Heroin Prevention (\$99.00)
- Marijuana: Reality Check
- Nicotine: SmokeFree TV (\$99.00)
- Alcohol: Everyone's Not Doing It
- Methamphetamine
- Prescription Drug Abuse (\$225.00)

Relapse Prevention Skills

Based on Alan Marlatt's evidence-based protocols, this updated program demonstrates successful ways of addressing the common critical risk factors affecting relapse. Includes a CD-ROM with reproducible content, allowing clinicians to customize a program based on a client's unique critical risk factors profile. 23 minutes. 2010. **\$99.00**



Complete Relapse Prevention Skills Program

This two-part learning program requires very little time to get it up and running. It's also compatible with a variety of treatment models and clinical settings. **Part I** establishes a proactive plan for addressing these inevitable situations: *Identifying Your High-Risk Factors DVD*, *Coping with Emotional and Physical High-Risk Factors DVD*, *Coping with Personal and Social High-Risk Factors DVD*, and *The Relapse Prevention Clinician's Guide, Part I*. **Part II** helps clients meet high-risk situations successfully by recognizing their own personal strengths and building a network of support: *Your Circle of Support DVD*, *Finding Your Strengths DVD*, *Relapse and HIV Risk DVD*, and *The Relapse Prevention Clinician's Guide, Part II*. The complete program includes: 300 pamphlets (50 each of six pamphlets); 300 workbooks (50 each of six workbooks); 2 Clinician's Guides; 6 DVDs; and 1 Circle of Support Chart. Can purchase parts separately for **\$999.00 (Part I) and \$995.00 (Part II). SPECIAL: Complete program for \$1,895.00.**

Co-Occurring Disorders Program

This pioneering evidence-based program offers an integrated approach for simultaneously treating both substance use and non-severe mental health disorders. The complete program includes five curricula packaged in 3-ring binders, an 83-minute DVD, and the Clinical Administrator's Guidebook on CD-ROM. Many of the curricula come with a clinician's guide, reproducible patient handouts, and clinician's forms:

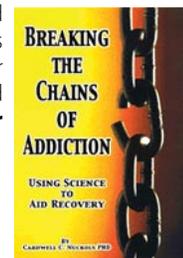
- Curriculum 1: Screening and Assessment (\$195.00)
- Curriculum 2: Integrating Combined Therapies (\$295.00)
- Curriculum 3: Cognitive-Behavioral Therapy (\$265.00)
- Curriculum 4: Medication Management (\$165.00)
- Curriculum 5: Family Program (\$325.00)
- Hazelden Co-occurring Disorders Program Clinical Administrators Guidebook with CD (\$85.00)
- A Guide for Living with Co-occurring Disorders DVD (\$225.00)

2008. Can purchase components separately. **SPECIAL: \$1,295.00 for complete program (a \$1,555.00 value)**

Breaking the Chains of Addiction: Using Science to Aid Recovery

Filmed at Richland Correctional Facility in Ohio, Dr. Cardwell Nuckols shares with inmates the science of how to overcome addiction and improve 80-90% of their life. With numerous revealing video clips and illustrations of the effects of drugs and alcohol on animals and humans, he explores the difference between addicts and non-addicts and explains what research proves you should and can do to recover. This four-part series helps individuals understand addiction, learn to manage cravings, discover their real self, connect on a human and spiritual level, and become a better parent. 30 to 39 minutes each. **\$550.00 for complete series.**

- A Brain Disease
- Managing a Craving
- Telling Your Story
- Getting Connected



ORDERS: 1.800.361.1055 or www.impactpublications.com

Managing Anger & Rage

Anger, Rage, and Recovery Kit

Anger and rage are often part of larger co-occurring disorders, such as substance abuse and mental illness. With some effort, they can be managed to tolerable levels. However, like any addiction, recovery is often difficult and relapse is a frequent fact of life. This unique kit pulls together some of the best resources for dealing with anger and rage as well as the complicating issues of long-term recovery and possible relapse. Can purchase separately.

SPECIAL: \$833.00 for complete kit of 22 books and 5 DVDs.

BOOKS

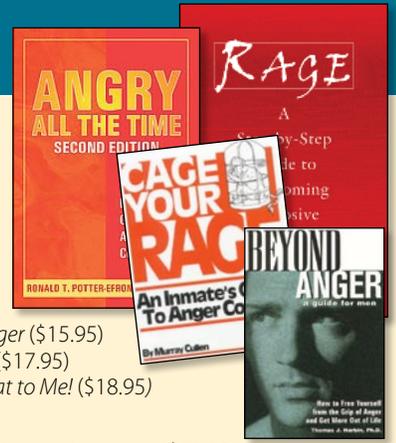
- *Anger and Conflict in the Workplace* (\$15.95)
- *The Anger Control Workbook* (\$21.95)
- *Anger Management Sourcebook* (\$18.95)
- *Anger-Free* (\$12.95)
- *Angry All the Time* (\$16.95)
- *Angry Men* (\$14.95)
- *Angry Women* (\$14.95)
- *Beyond Anger: A Guide for Men* (\$14.95)
- *Cage Your Rage for Teens Workbook* (\$15.00)
- *Cage Your Rage for Women* (\$20.00)

- *Cage Your Rage Workbook: An Inmate's Guide to Anger Control* (\$20.00)
- *Controlling People* (\$14.95)
- *Forgiveness* (\$13.95)
- *Letting Go of Anger* (\$16.95)
- *Managing Teen Anger & Violence* (\$19.95)
- *Pathways to Peace Anger Management Workbook* (\$29.95)
- *Rage* (\$16.95)
- *Responding to Anger: A Workbook* (\$14.95)
- *Stop the Anger Now* (\$21.95)

- *Transforming Anger* (\$15.95)
- *Violent No More* (\$17.95)
- *You Can't Say That to Me!* (\$18.95)

DVDs

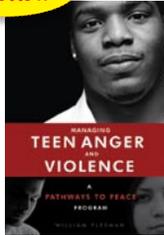
- *Best 10^{1/4} Tips for Controlling Anger* (\$98.00)
- *Beyond Anger* (\$149.00)
- *C.A.G.E. the Rage* (\$99.95)
- *How to Handle Conflict and Confrontation* (\$99.00)
- *Niagara Falls Metaphor: Anger, Drugs, and Relapse* (\$69.95)



Managing Teen Anger and Violence

William Fleeman

Filled with personal stories and vignettes, the book helps teens identify anger as a problem, recognize how they use anger like a drug, find non-violent ways to experience personal power, learn to change abusive and violent behavior, focus on values and goals that support a non-violent lifestyle, identify and change attitudes and beliefs that keep them stuck, avoid relapse into violent behavior, and develop a mission statement for a non-violent lifestyle. 230 pages. 2008. **\$19.95**

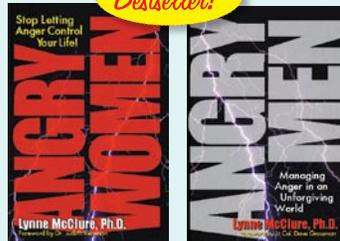


Bestseller!

Angry Men and Women

Lynne McClure, Ph.D.

Showing how anger differs with men and women, these two books (*Angry Men* and *Angry Women*) offer advice on how men and women can deal with other people's anger as well as manage their own anger. Books include real-life cases, questions, and practical skills. 2004. **\$14.95 each, or \$28.95 for both.**



Bestseller!

Anger and Conflict in the Workplace

Lynne McClure, Ph.D.

This bestselling guide identifies the hidden signs of anger and conflict, as well as outlines key skills for creating a more productive workplace. Reveals eight types of anger found in many workplaces. Examines each type in reference to seven skills both managers and employees need in order to manage anger and conflict. 166 pages. 2000. ISBN 1-57023-138-0. **\$15.95. SPECIAL: 20% discount on 10+ copies.**

Cage Your Rage for Teens Workbook

Murray C. Cullen and Joan Wright

Helps juveniles better understand and deal with anger by recording their feelings and actions. Chapters discuss what causes anger, growing up with anger, how emotions develop, relaxation, and managing anger. Also deals with calming others, compromise, staging and signposting, self-talk, and feeling and action controls. **100 pages.** 1996. **\$15.00. SPECIAL: 10 copies for \$139.95.**

Cage Your Rage Workbook (English or Spanish)

Murray C. Cullen, Ph.D.

This self-study workbook is designed to help offenders who have difficulty dealing with anger. Examines what anger is, explains its causes, and offers ways to manage it. 94 pages. Available in English and Spanish editions (please specify for Spanish). **\$20.00. SPECIAL: 10 copies for \$179.95.**

DVDs

Pulling Punches: A Curriculum for Rage Management

This highly acclaimed three-part anger management DVD series shows how to better manage anger and make long-term behavioral changes. Includes crucial skills for avoiding relapse. 35 minutes per DVD. Includes Counselor's Guide with reproducible worksheets. **\$495.00**

Manhood and Violence: Fatal Peril

Looks at reentry and the issue of male violence. Nine men participate in an intensive four-month violence prevention project where the re-arrest rate dropped by 80 percent. 58 minutes. 2003. **\$149.95**

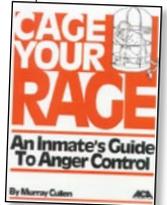
Bestseller!

Beyond Anger: Connecting With Self and Others

Helps individuals let go of the past and prepare for a productive future. Defines anger, explains how it is learned early in life, and describes how cycles of anger develop when a person continues to express anger in unhealthy ways. The four parts focus on: Anger, Healing Repressed Anger, Forgiveness, and Reconciliation. 50 minutes. **\$149.00.** Program also available with a facilitator's guide (**\$59.95**) and reproducible worksheets (**\$34.95**). **SPECIAL: Complete instructional curriculum for \$225.00.**

Cage Your Rage for Juveniles Video Program

Helps juvenile offenders identify and control anger and rage. Part One helps juveniles examine themselves and the roots of their anger. Part Two helps them understand how their anger turns into rage and leads to aggressive behavior. Part Three helps them analyze situations and develop appropriate responses to anger by using self-talk. Part Four offers anger management alternatives. Includes three videos (52 minutes and in VHS format only), comprehensive leader's guide, and workbook. (*Cage Your Rage for Teens Workbook*) **\$265.00.** Workbook available for **\$15.00 each.**



Cage Your Rage DVD Program

Murray Cullen and Ronald R. Cullen

The program facilitates discussion about managing volatile emotions. Includes dramatized scenes to stimulate discussion and demonstrate anger management techniques. Inmates discuss their own methods of managing anger. This training package consists of one participant workbook, a leader's guide, and one DVD. 75 minutes. **\$475.00. Additional Cage Your Rage Workbooks available in English or Spanish for \$20.00 each.**

Bestseller!

- *Anger Past and Present*
- *Anger and Aggression*
- *What Causes Anger*
- *Managing Your Anger*

Anger

Makes a clear distinction between anger and violence. Explains a continuum of beliefs, emotions, and behaviors that often escalate to stress, anger, rage, and ultimately violence. Discusses how to reduce one's emotional level of anger after identifying the fears that drive anger. 38 minutes. **\$200.00**

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