Ex-Offender Re-Entry Success

Cost-effective resources from $3.98 to $9.95 each!

- Used by many correctional facilities as key re-entry training resources
- Stress taking responsibility, changing attitudes, and making smart decisions
- Jam-packed with revealing examples, interactive tests, and insightful exercises
- Easy to read and incorporate into ongoing re-entry programs (See page 3)

**All New for 2009!**

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**The Ex-Offender’s Quick Job Hunting Guide**

*2nd Edition*

Ran Kranich, Ph.D.

*Lead instructional text for an innovative new re-entry program in the Ohio prison system.*

“Holds the potential of becoming one of the decade’s most significant books … a force for good in changing lives and conserving public resources.”—Joyce Lain Kennedy, syndicated career columnist, review of companion The Ex-Offender’s Job Hunting Guide (see page 1). Jam-packed with practical insights, self-tests, and exercises, this book is designed to implement 10 key steps for re-entering the work world. Includes special sections on changing attitudes, community assistance, networking, completing applications, writing resumes, handling rejections, interviewing, taking responsibility, telling the truth, and developing an action plan. 128 pages. 2009. ISBN 978-1-57023-285-5. **$9.95**

**The Ex-Offender’s Job Interview Guide**

Caryl and Ron Kranich, Ph.D.’s

*Tell your story, win the job – despite red flags in your background.*

This new book helps ex-offenders ace the critical job interview. Covers preparing for the interview, anticipating questions, dealing with red flag questions, telling your story, closing the interview, following up, job offers, and salaries. Includes sample questions and dialogues. One of the most insightful job interview books addressing key employability issues facing ex-offenders. 128 pages. 2009. ISBN 978-1-57023-282-4. **$9.95**

**The Ex-Offender’s Re-Entry Success Guide**

Ron and Caryl Kranich, Ph.D.

*Presents a 7-step transition plan for re-entry success.*

Here’s the ultimate re-entry success guide for ex-offenders. While the whole re-entry process is fraught with challenges that can lead to rejections, disappointments, and temptations, it also is a time for self-renewal and transformation. This new book addresses the major psychological and practical day-to-day challenges facing ex-offenders as they re-enter the free world. Eleven hard-hitting chapters outline a clear seven-step process for re-entry success. Addresses everything from attitudes, motivation, and education to telling the truth, taking responsibility, building trust, seeking community-based assistance, and leaving a legacy. Jam-packed with useful examples and exercises as well as a purpose-driven journal for daily action planning. 128 pages. 2009. ISBN 978-1-57023-283-1. **$9.95**

**Best Jobs for Ex-Offenders**

Ron Kranich, Ph.D.

*Discover the best jobs for your background.*

Young and inexperienced, most ex-offenders lack knowledge about job opportunities appropriate for their red flag backgrounds. This book profiles 101 jobs (outlook, nature of work, qualifications, earnings, contacts) that are open to many ex-offenders. It also identifies various jobs closed to ex-offenders. A terrific resource for exploring jobs with a future for people with difficult backgrounds. 128 pages. 2009. ISBN 978-1-57023-284-8. **$9.95**

**The Ex-Offender’s 30/30 Job Solution**

*Your Lifeboat Guide to Re-Entry Success*

Neil P McNulty and Ronald L. Kranich, Ph.D.

*Get a job in 30 days and within 30 miles from home.*


**SPECIAL:** All five re-entry guides on this page (Ex-Offender Re-Entry Guides) for $47.95
Quantity discounts for individual titles on this page:

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**Overcoming Barriers to Employment:**

*127 Great Tips for Putting the Red Flags Behind You*
*Ron and Caryl Krannich, Ph.D.s*

Millions of individuals face barriers to finding and keeping a job. While some are no fault of their own, most of these barriers result from red flags in their background (job hopping, fired, incarcerated, limited education, few skills) as well as inappropriate attitudes and behaviors. This book catalogs 127 of the most important barriers that prevent individuals from finding a good job and advancing their career. Each barrier is described and followed with sound advice on how to overcome the barrier. 212 pages, 2006. ISBN 1-57023-253-9. $17.95

**Job Hunting Tips for People With Hot and Not-So-Hot Backgrounds**
*Ron and Caryl Krannich, Ph.D.s*

Presents 150 job hunting tips that are applicable to most job seekers, regardless of their backgrounds. Shows how to target a job search, lessen anxiety, and land a job that best fits one's interests, skills, and abilities. Covers everything from resume writing to interviewing. 240 pages, 2005. ISBN 1-57023-225-3. $17.95

**Winning Letters That Overcome Barriers to Employment**
*Daniel Porot and Frances Bolles Haynes*

Shows how to write letters using a 12-step approach that covers everything from the sender's name and address to the postscript. Includes answers to the most frequently asked questions about employment letters, examples of powerful job achievement statements, sample letters, and more. 224 pages, 2006. ISBN 1-57023-258-X. $17.95

**No One Will Hire Me! (3rd Edition)**
*Ron and Caryl Krannich, Ph.D.s*

This bestseller identifies 17 mistakes job seekers make, from failing to articulate goals and knowing one's worth to improperly using Internet resources, looking for jobs in the wrong places, and prematurely accepting an offer. Each chapter identifies a mistake and then offers analyses, self-tests, and exercises for avoiding the error. A no-nonsense job search guide. 208 pages, 2007. ISBN 1-57023-266-0. $15.95

**Job Interview Tips for People With Not-So-Hot Backgrounds**
*Caryl and Ron Krannich, Ph.D.s*

Speaks to millions of individuals with difficult backgrounds. Shows how to best prepare for interview questions that could become job knock-outs. Filled with numerous examples and cases, including many red flags, to illustrate how to provide honest and positive answers. 160 pages, 2004. ISBN 1-57023-213-X. $14.95

**The Blue-Collar Resume and Job Hunting Guide**
*Ron and Caryl Krannich, Ph.D.s*

This unique book showcases the best resumes written by professional resume writers for blue-collar workers, some of whom earn over $100,000 a year, in a variety of trade occupations. It also reveals numerous tips for conducting an effective job search, including assessing skills, setting goals, networking, conducting research, interviewing, negotiating compensation, and getting started on the job. 304 pages, 2007. ISBN 1-57023-258-X. $15.95

**The Ex-Offender’s Job Hunting Guide**
*Ron and Caryl Krannich, Ph.D.s*

“Holds the potential of becoming one of the decade’s most significant books … a force for good in changing lives and conserving public resources.” — Joyce Lain Kennedy, syndicated career columnist. This book helps ex-offenders develop the strategies for landing jobs that can lead to careers. Addresses such issues as attitudes, goals, research, networking, applications, resumes, cover letters, interviews, and starting a new job. Rich with examples, tests, and exercises to develop an effective action plan. 224 pages, 2005. ISBN 1-57023-236-9. $17.95
The Re-Entry Employment and Life Skills Pocket Guide

Cost-effective resource from 60¢ to $2.95 per copy, depending on quantity ordered!

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Your Re-Entry Action Guide!

Jam-packed with essential personal, job search, and employability information for transitioning to the world of work, this handy pocket guide will help you quickly:

- assess your motivated abilities and skills (MAS)
- complete job applications and write resumes
- conduct job interviews and follow up effectively
- negotiate compensation and accept job offers
- survive, thrive, and advance on the job

It also covers important life skills information relating to:

- education and training
- health and wellness
- attitudes and goals
- financial planning
- housing and transportation
- community services

Successful re-entry into and advancement within today’s work world require basic preparation and organization. If you complete each section of this pocket guide and refer to it frequently, you should be well prepared to make smart re-entry decisions. Best of all, you’ll be well positioned to navigate today’s challenging job market and economy! 64 pages. 2009. ISBN 978-1-57023-303-6. $2.95

The Ex-Offender’s Re-Entry Success Curriculum Starter Kit

Custom-design your own powerful re-entry training program with this new bestselling set of three DVDs and 10 copies each of five workbooks and one pocket guide. This special kit brings together the best of the best in ex-offender re-entry resources for creating your own powerful re-entry program. Can purchase separately. All new for 2008-2009!

**SPECIAL:** $789.95 for complete kit of 3 DVDs, 50 workbooks, and 10 pocket guides.

**DVDs** (From Parole to Payroll Series - $299.85)

- Finding a Job (for Ex-Offenders)
- Resumes and Job Applications (for Ex-Offenders)
- The Job Interview (for Ex-Offenders)

**Workbooks** (128 pages each)

- Best Jobs for Ex-Offenders ($9.95)
- The Ex-Offender’s 30/30 Job Solution ($9.95)
- The Ex-Offender’s Job Interview Guide ($9.95)
- The Ex-Offender’s Quick Job Hunting Guide ($9.95)
- The Ex-Offender’s Re-Entry Success Guide ($9.95)

**Pocket Guide** (64 pages)

- The Re-Entry Employment and Life Skills Pocket Guide ($2.95)
New & Bestsellers: Evidence-Based Practices!

Curriculum Programs

Co-Occurring Disorders Program (CDP): Integrated Services for Substance Use and Mental Health Problems

Developed by faculty from the Dartmouth Medical School

This new program replaces our old bestselling DVD/pamphlet/workbook Co-Occurring Disorders Series (still available for $1,589.00). Research shows the most effective treatment for co-occurring disorders is an integrated approach that simultaneously treats both substance use and mental health disorders. This new evidence-based program is the first comprehensive, manualized educational system that uses state-of-the-art adult learning design principles in multiple formats. It gives both treatment and mental health professionals the tools they need to provide integrated treatment of co-occurring substance use and non-severe mental health disorders. The complete program consists of five curricula packaged in 3-ring binders, an 83-minute DVD, and the Clinical Administrator’s Guidebook on CD-ROM. Many of the curricula come with a clinician’s guide, reproducible patient handouts, and clinician’s forms. 2008

- Curriculum 1: Screening and Assessment ($195.00)
- Curriculum 2: Integrating Combined Therapies ($295.00)
- Curriculum 3: Cognitive-Behavioral Therapy ($265.00)
- Curriculum 4: Medication Management ($165.00)
- Curriculum 5: Family Program ($325.00)
- Program Clinical Administrators Guidebook with CD ($85.00)
- A Guide for Living with Co-Occurring Disorders DVD ($225.00)

Can purchase components separately. SPECIAL: $1,295.00 for complete program (a $1,555.00 value)

From the Inside Out

This 12-week curriculum program helps ex-offenders build strength and maintain relationships. Created in partnership with the Michigan Department of Corrections, it’s an equally effective tool in non-corrections settings. Program includes three videos ($149.00 each—$447.00 for all three), a 124-page facilitator’s guide ($89.95), and 88 pages of reproducible worksheets ($32.95). Each video is divided into four parts and runs 40 to 55 minutes. 1999. Closed-captioned. Can purchase separately. DVD or VHS. SPECIAL: Complete package for $595.00.

- Taking Personal Responsibility
- Recognizing Old Behavior Patterns
- Being Trustworthy

Addiction Recovery DVD Series

Featuring “Slick,” The Voice of Addiction

These six new DVD programs help anyone understand and apply addiction recovery principles in a simple, fun, and unforgettable format. Each DVD integrates testimonials of recovering addicts, insights from addiction specialist Saul Selby (previously the Clinical Director at Hazelden), and Slick, “the voice of addiction.” Slick is an animated puppet that represents the addicted voice. He regularly gives viewers “bad” advice, which helps individuals understand their own self-destructive thinking process. Slick, which makes these products both humorous and memorable, has been mentioned twice on CBS’s Late Show with David Letterman and is an Emmy Award Nominee. Slick, how to create a personalized, holistic treatment program to completely cure dependency, and much more. 234 pages. 2005. $15.95. SPECIAL: 10% discount on 10+ copies.

- Understanding Your Rage
- Anger Reduction and Long-Term Changes
- Tools for Managing Rage

Pulling Punches: A Curriculum for Rage Management (DVDs)

Designed for recovering addicts and alcoholics, this highly acclaimed three-part video series addresses the whole anger process that’s often associated with addiction:

- Understanding Your Rage
- Anger Reduction and Long-Term Changes
- Tools for Managing Rage

Shows how to better manage anger as well as make long-term behavioral changes. Includes crucial skills for avoiding relapse. Each video runs 35 minutes and includes a Counselor’s Guide with reproducible worksheets. Ethnically diverse, includes real people, and is narrated by a recovering person. Package includes complete set of three DVDs, Counselor’s Guide, and reproducible worksheets. $495.00

Beat the Street Video Series (DVDs)

Shows how to deal with frustration and chronic stress, and resist the lure of “easy money” and the street life. Includes a free 170-page Counselor’s Guide (contains 43 activities with reproducible worksheets, 98 suggested questions for leading discussions about each tape, and a useful bibliography). Can also customize the program for teens. 38-40 minutes each. SPECIAL: Complete 5-video series with Counselor’s Guide for only $750.00 (save $225.00).

- Street Smarts: Learning to Avoid Relapse
- Back on the Block: Early Recovery
- Recovering Relationships: Families, Partners, and Kids
- Catchin’ Feelings: New Ways to Cope With Emotion
- Making It Happen: Work, Money, School, and Good Times

Living Skills Complete Program

Managing day-to-day skills is a challenge for individuals who are leaving treatment or a corrections setting. With a variety of formats and subjects, this curriculum allows you to create a customized, affordable program. Program includes six 20-minute DVDs, 180 pamphlets (30 each of 6 topics), and 180 workbooks (30 each of 6 topics). SPECIAL: $1,195.00 for complete package. Can purchase DVDs separately ($99.00 each), or all six for $589.00. Can purchase a package containing one DVD, 30 pamphlets, and 30 workbooks for $210.00.

- Looking for Work
- Making Decisions
- Managing Money
- Refusal Skills
- Values & Personal Responsibility
- Hygiene and Self-Care

Books

The Alcoholism and Addiction Cure: A Holistic Approach to Total Recovery

Chris Prentiss

This popular (as seen on TV) book shows how to heal the underlying causes of addiction, prevent relapse, and end suffering. Presents the powerful three-step holistic program to total recovery used by the Passages Addiction Cure Center (co-founded by the author), which has an incredible cure rate of 84.4%. Examines the three steps to permanent sobriety, the four causes of dependency, how to create a personalized, holistic treatment program to completely cure dependency, and much more. 234 pages. 2005. $15.95. SPECIAL: 10% discount on 10+ copies.

Managing Teen Anger and Violence

William Freeman

Filled with personal stories and vignettes, the book helps teens identify anger as a problem, recognize how they use anger like a drug, find non-violent ways to experience personal power, learn to change abusive and violent behavior, focus on values and goals that support a non-violent lifestyle, identify and change attitudes and beliefs that keep them stuck, avoid relapse into violent behavior, and develop a mission statement for a non-violent lifestyle. 230 pages. 2008. $19.95. SPECIAL: 20% discount on 10+ copies. A 40-hour home study course for counselors related to this book is available at www.impactpublications.com.
Addiction and Recovery

Community Action Programs

Meth: Our Nation’s Crisis – A Toolkit for Change
This invaluable resource helps communities combat the scourge of meth addiction. It includes three documentaries (on DVD) for community viewing about meth prevention, addiction, and recovery (Walking on Thin Ice, Meth: Shadow Across America, and Life After Meth) as well as reproducible pamphlets and resources (PDF files on CD); meth primer for general audiences, community leader’s guide, school guide, parents’ guide, employers’ guide, health care professionals’ guide, campaign guide for enacting meth-related public policies, and directory of additional sources about meth. $129.00

Co-Occurring Disorders

Adolescent Co-Occurring Disorders Series
This popular series consists of six facilitator’s guides and related resources. Each topic-specific module (ranging from 50 to 134 pages in length) consists of a facilitator’s guide that provides background information on specific mental health disorders as they relate to adolescent substance abuse. Reproducible teen-friendly worksheet exercises and activities help teens understand their situation and begin to make positive changes in their thinking and behavior. Appropriate for ages 12-17. 2005. Can purchase each module separately for $59.95. SPECIAL: $269.00 for all 6 modules plus a free Anger Management CD-ROM ($14.95 value).

- Substance Use and Anxiety Disorders
- Substance Use and Mood Disorders
- Substance Use and Attention-Deficit/Hyperactivity Disorder
- Substance Use and Conduct Disorder
- Substance Use and Oppositional Defiant Disorder
- Substance Use and Adjustment Disorder

Adults and Co-Occurring Disorders DVD:
Adults in Treatment
This best-selling program helps viewers gain insight into maintaining recovery while dealing with dual disorders. Features clinical insights by noted expert Kenneth Minkoff. Includes free facilitator’s guide. 29 minutes. 2003. $225.00

Adolescents and Co-Occurring Disorders DVD
Created specifically for teens in treatment, this compelling video introduces young clients to strategies for staying sober while coping with a co-occurring disorder. Features commentary by Janice Gabe. 24 minutes. 2003. $225.00

Recovery Curriculum for Adults

Living in Balance: Moving from a Life of Addiction to a Life of Recovery
This evidence-based, flexible, practical, and user-friendly substance abuse treatment curriculum helps clients address key lifestyle, relationships, and emotional issues. The sessions range from 90 minutes to 2 hours in length. Twelve core sessions include:

- Definitions, Terms, and Self-Diagnosis
- Alcohol and Other Drug Education
- Triggers, Cravings, and Avoiding Relapse
- Planning for Sobriety
- Alcohol and Tobacco
- Stress and Emotional Well-Being
- Sex, Drugs, and Alcohol
- Spirituality
- Skills for Reducing Stress
- Negative Emotions
- Anger and Communication
- Relapse Prevention

Includes a facilitator guide, an audiotape for soothing narration and music to help clients release tension and fully relax. Sessions packaged in a three-ring binder. $525.00. Twenty-one supplemental sessions (which build upon the 12 core sessions) available for $549.00. SPECIAL: Complete program of 33 sessions for $995.00. The Spanish translation of reproducible handouts for the 12 core sessions (on CD-ROM) of the core curriculum is available for $99.00.

The Matrix Model:
Intensive Outpatient Alcohol and Drug Treatment
This evidence-based curriculum is designed as a 16-week individualized program. It’s especially effective in treating methamphetamine (meth) addicts. It brings explicit structure to outpatient settings by combining therapist support, group and individual/conjoint participation, spiritual group involvement, relapse prevention, family involvement, and UR testing. A clinician’s manual can be used with the curriculum or as a stand-alone tool. DVDs reinforce and expand on content covered in sessions. Includes a therapist’s manual, reproducible client handouts (also on CD-ROM), stickers for tracking alcohol- and drug-free days, a research CD-ROM containing Matrix research reports, a 12-week family component, and three DVDs (Triggers and Cravings, Roadmap to Recovery, and Families in Recovery).

SPECIAL: Complete program for $749.00. Special Matrix Model Spanish Collection (3 DVDs and CD-ROM in Spanish) available for $245.00.

The Twelve Step Facilitation Outpatient Program
This evidence-based curriculum proves that the Twelve Step approach has the best long-term outcomes. Indeed, a nationwide study of different treatment modalities found that Twelve Step Facilitation (TSF) is as effective as motivational enhancement and cognitive-behavioral therapy. This is the only curriculum to use the Evidence-Based TSF. This 12-session outpatient treatment program is designed to facilitate active involvement in a Twelve Step fellowship such as Alcoholics Anonymous (AA) or Narcotics Anonymous (NA). Can be used in a variety of settings – group and individual sessions, community based, corrections, private practice, and mental health. The four-topic core program covers assessment, acceptance, surrender, and getting active in AA or NA. The six-session elective program covers genograms, enabling, people-places-routines, emotions, moral inventories, and relationships. Program includes a 3-ring binder with a facilitator guide and hard copies of reproducible handouts and checklists; Twelve-Step Facilitation Handbook; CD-ROM containing handouts, checklists, and research information; Introduction to Twelve-Step Groups DVD; and 1 package of 25 medallions. $329.00

H.E.L.P. Series
This curriculum is made up of two self-contained client education programs on substance abuse and dual disorders. The complete program (facilitator’s guide, reproducible client modules, and client folders) allows you to provide primary or dual treatment that you can customize, personalize, and afford.

The Primary Recovery Plan program (first part - $395.00) includes 14 modules that cover topics in short, easy-to-comprehend segments; provides easy-to-understand visuals, and clear, simple text and exercises within each module; defines mood-altering substances, abuse and dependency, and physical and psychological effects of drugs; introduces the Twelve Step program; explores issues such as anger, depression, shame, grief and loss, family issues, and relapse prevention; provides opportunities to check on client progress and outcome Complete package includes: one 258-page Facilitator’s Guide; one Module Set (14 Reproducible Modules, 10-24 pages each); and 25 Client folders

Substance Dependency and Psychiatric Illness program (second part - $259.00) provides 5 modules with easy-to-understand exercises, visuals, and key concepts; explores substance use in relation to prescription medications; encourages client education about substances frequently prescribed for psychotic or emotional illness and promotes wise decision-making about use of such drugs; defines both substance dependency and emotional and psychiatric disorders; examines depression and addiction; provides a complete addition to The Primary Recovery Plan. Complete package includes: one 84-page Facilitator’s Guide; one Module Set (5 Reproducible Modules, 10-24 pages each); and 25 Client Folders.

SPECIAL: $565.00 for both parts

Men in Recovery
“Take it like a man” “Be competitive.” Stereotypes about manhood seriously challenge men’s recovery from addiction. Hosted by Craig Nakken, this DVD helps males redefine what it means to be a man. Features a men’s group candidly discussing topics that may hold men back from progressing to recovery: rage, a fear of commitment, the tendency to isolate, and others. Closed-captioned. 30 minutes. 2003. $225.00

IMPACT PUBLICATIONS
orders 800.361.1055 fax 703.335.9486 online ordering www.impactpublications.com
**Tobacco/Nicotine**

**Quit and Stay Quit Program (Curriculum)**

Help clients tackle nicotine addiction with this simple, thorough, and proven curriculum. For use in individual or group settings. Includes 1 Quit and Stay Quit: A Personal Program to Stop Smoking book, 2 DVDs, 90 Clean and Free workbooks (30 of each title), 2 facilitator’s guides, 30 decks of Countdown to Quit cards, and 30 copies of If Only I Could Quit.

- If Only I Could Quit ($13.95)
- Quit and Stay Quit ($14.95 book)
- Keep Quit ($14.95 book)
- Quit and Stay Quit ($10.95 facilitator’s guide)
- Countdown to Quit Cards ($11.95 deck of 30 cards)
- Clean and Free: Get Ready ($7.95 workbook)
- Clean and Free: Get Set ($7.95 workbook)
- Clean and Free: Go ($7.95 workbook)
- Understanding the Problems of Nicotine and Tobacco Dependence DVD ($99.95)
- The Stages of Quitting Nicotine and Tobacco DVD ($99.95)

**SPECIAL:** $1,249.00 for complete program for 30 clients.

**ASCENT Program:**

**Adolescent Smoking Cessation: Escaping Nicotine and Tobacco**

ASCENT is an evidence-based curriculum developed with NIDA funding by clinical psychologists who identified why teens smoke. The strategies are based on the stages of change model, a scale that rates an individual’s level of motivation to change negative behavior. Activities help teens make gradual behavioral changes to help them quit and stay smoke-free. The award-winning video *The Last Drag* profiles the struggles and triumphs of teen smokers and ex-smokers. Complete ASCENT Program includes 11 teen workbooks, 1 teen DVD, 10 pocket diaries, 10 award certificates, 1 poster, 10 Clean & Free medallions, 1 facilitator guide, 1 facilitator DVD, and 10 parent guides. **$510.00**

**Minnesota Smoking Prevention Program (MSPP)**

This popular program helps turn the pressure to use nicotine into peer support for not using. It consists of six core sessions for students in grades 4-8, along with four booster sessions for students in grades 9-12. The facilitator’s guide features reproducible student handouts and a peer leader guide. Also includes 5 game posters, a community action guide, a *Talking About Tobacco* booklet, and a Spanish translation of the booklet, which is available online. **$249.00**

**Gambling**

**Gambling: It’s Not About Money DVD**

Useful for both gambling addicts and their families, this DVD presents symptoms, progression, and consequences of gambling addiction with real-life stories told by gambling addicts in recovery. 30 minutes. **$149.00**

**Credit Card Abuse/Gambling Addiction DVD**

This outstanding program provides a sobering, no-holds-barred look at the devastating results of reckless spending and problem gambling. Both excessive behaviors can have destructive, long-lasting effects on an individual’s financial, emotional, social, and occupational well-being. This program dramatically demonstrates the real-life consequences of credit card abuse and problem gambling. It also seeks to alert viewers to the danger signs of these risky behaviors in order to make more sensible decisions and responsible choices. 21 minutes. 2002. **$149.95**

**Sex**

**Sex and Drugs: The Intimate Connection DVD**

Until now, dual addiction to sex and drugs has often gone unnoticed and untreated — creating a setup for relapse. In this 30-minute program drug expert Dr. Arnold Washington, along with recovering sex addicts, presents crucial information for patients and staff, including: what is sexual addiction; how sex and drugs get paired; reciprocal relapse; special women’s issues; and techniques for dealing with dual addiction. **$195.00**

**Eating Disorders**

**Fat Like Me:**

**How to Win the Weight War DVD**

In this ABC News special, nutritionists, psychologists, pediatricians, and other experts explore the causes of obesity, the physical and emotional damage it can do, and how parents and schools can team up to help kids improve their health. Includes hidden-camera footage of a daring social experiment in which a slim teen, professionally made up to look obese, goes to school and experiences firsthand the abuse so often aimed at overweight people. A post-experiment discussion underscores the stigmatizing effect of intolerance while emphasizing the need for greater compassion. Includes a teacher’s guide. Closed-captioned. 43 minutes. 2003. **$89.95**

**Prevention/Recovery for Adults**

**Gambling**

**Set-Up for Relapse**

This popular program addresses the dynamics surrounding relapse and the addicted offender. Michael Johnson explains how anger, hidden motives, making deals, power struggles, making promises, and being obsessed with material things are all set-ups for relapse. He explains how many in recovery have looked at sobriety as a "temporary" experience, only to be engaged in while incarcerated, or on probation and parole. This open, in-your-face presentation also addresses numerous other pitfalls associated with relapse. 30 minutes. **$250.00**

**Addiction DVD Series**

**Terence T. Gorski**

This three-part program presents the most recent research on addiction as a brain disease that causes personality problems and social dysfunctions. Takes a hard look at alcohol and other drugs, explains risk factors, and shows how to recognize and stop denial in order to break out of the addiction cycle. 32 minutes for each program. 2004. All 3 programs on one DVD. **SPECIAL:** $400.00 for complete three-part DVD series.

- Mind-Altering Substances
- Addictive Risk Factors
- Substance Abuse and Addiction

**Getting Out of the Game:**

**The Trap of Drug Dealing**

Money, power, respect, popularity, and glamour all seem to come easy for the drug dealer. This program features a support group for people facing the temptation to return to dealing. The group faces real-life issues: relationships with old friends, financial stress, the illusion that they can deal without using, and the false belief that this time they won’t get caught. Includes free Counselor’s Guide with reproducible client worksheets. 35 minutes. **$195.00**

**Marijuana**

Produced at New York’s Chateaugay Correctional Facility, this award-winning (Telly Award) program features Delbert Boone discussing the hazards of marijuana use. Addressing the misperceptions most adolescents have about marijuana, he explains how marijuana impairs judgment and skills and can impair the user’s ability to concentrate, solve problems, learn and retain new information. Also available in Spanish, 30 minutes. 1997. **$250.00**

**IMPACT PUBLICATIONS**

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Criminal and Addictive Behavior
As participants in a cognitive-behavioral treatment program, inmates share stories about manipulating, intimidating, physically assaulting, and even murdering individuals who got in their way. Raw, real, and tragic, the inmates’ stories reveal (1) how distorted thoughts and unresolved feelings fuel criminal behavior; (2) why using drugs and committing crimes are fundamentally linked; and (3) what it really means to take charge of your life and respect others. 2002. $149.00

Preventing Relapse
Inmates share their recovery struggles and suggestions for staying clean and sober. Inmates make it clear that relapse is a real and menacing threat, particularly for the newly sober and released. They discuss important relapse prevention actions: (1) avoid high-risk situations and people; (2) get a good sponsor; (3) go to Alcoholics Anonymous, Narcotics Anonymous, or other support groups regularly; and (4) before acting, ask yourself, is it illegal? immoral? irresponsible? 27 minutes. 2002. $149.00

Life on Life’s Terms
Inmates and former inmates discuss what they did to safeguard their sobriety after either reintegration into general population or release from incarceration. Offering straightforward and helpful advice, participants talk about their experiences in four critical areas: (1) finding a place to live, (2) searching for a job, (3) figuring out how to handle spare time, and (4) discovering who to turn to for support. 30 minutes. 2002. $149.00

Psychology of Addiction
Explains how chemical substances move through the body to the brain, where psychological effects upon the addict include denial, rationalization, minimization and projection of the addict’s problems. This distortion of reality causes the people closest to the addict to behave in a similar way in an effort to cope with the addict. A vicious cycle results, often perpetuated in subsequent generations. 34 minutes. $250.00

Recovery DVD Series
This three-part series presents the most recent research on what people do to successfully recover from addiction. Designed to guide viewers through a process that allows them to understand the recovery process, build a foundation for successful recovery, and create a quality recovery that will support sober and responsible living in all stages of life development. 2004. All 3 programs on one DVD. $400.00

Relapse DVD Series
This three-part video series helps individuals in recovery, as well as clinical staff, deal with the main principles and issues affecting relapse prevention and management. The videos present the basic principles of relapse prevention, common warning signs that lead from stable recovery to relapse, and how to establish a relapse prevention and relapse management plan. Each section is broken down into 8-12 minute segments for questions and discussion. $400.00

Ernesto and Sheila: On Different Roads to Recovery
These two videos tell the compelling recovery stories of a young Hispanic man, Ernesto, and an struggling African-American women (Sheila) with four children. They overcome numerous obstacles on a rough road to recovery. Deals with such important issues as developing a support system, handling family members who drink, racism, getting a job, dealing with anger, handling money, getting help, sex without drugs, shame, getting an education, handling cravings, and more. 35 minutes each. $80.00 each. SPECIAL: $157.95 for both.

Sex, Drugs, and HIV
Host Kim Bouldin-Jones of the Missouri-based New Beginnings Chemical Dependency Treatment Center pulls no punches as she speaks to an at-risk audi-

Preventing Relapse - 33 minutes
Creating a Quality Recovery - 35 minutes
Building a Foundation for Recovery - 42 minutes

Hazelden Addiction and Recovery Lecture Series
Features three of Hazelden’s most compelling and creative patient lectures in DVD format:

<table>
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<th>Lecture</th>
<th>Description</th>
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<tr>
<td>The Disease of Addiction</td>
<td>$149.00 each. SPECIAL: all 3 DVDs for $429.95; purchase all 3 DVDs with 10 related workbooks ($5.50 each) per DVD for $579.95.</td>
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<td>Relationships in Recovery</td>
<td>The Voice of Addiction</td>
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Hepatitis C: Living the Rest of Your Life DVD
Candid testimonials by people who have tested NCV-positive will inform clients about coping with this chronic illness. 25 minutes. 2002. $149.00

HIV Positive
An HIV-positive diagnosis is no longer the death sentence it once was. In fact, a positive outlook works wonders in helping one live a normal life despite having HIV. This powerful DVD features frank, candid testimonials by people who have tested HIV-positive. Their takeaway message is an important one: that with treatment, knowledge, and a positive attitude, life with HIV can and will proceed. 22 minutes. Closed-captioned. 2001. $149.00

Preventing Relapse: A New Direction
Real-life inmates talk about their recovery struggles and setbacks, and offer suggestions for staying clean and sober in prison or out. They make it clear that relapse is a real and menacing threat, particularly for the newly sober and newly released. Taped in Minnesota correctional facilities, this DVD portrays actual inmates telling the real story about recovering from a life of addiction and crime. The result is a powerful, direct, and liberating message about finding a life of recovery and freedom. 27 minutes. Closed-captioned. 2002. $149.00

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Older Adults in Recovery DVD
Recovery late in life means facing feelings and issues that have been buried under chemical use for years – relationship problems, depression, grief, shame, anger. Here are the stories of four older individuals who made the decision to recover late in life. Discover why it’s never too late to change. 28 minutes. 2002. $149.00

The Complete Relapse Prevention Skills Program
This self-directed learning programs is compatible with a variety of treatment models and clinical settings. Pamphlets provide basic relapse prevention information including terms and definitions clients can use to communicate to staff and others. Workbooks allow clients to personalize the information. DVDs portray compelling demonstrations to reinforce key concepts and model behavior change. Available in two parts, each with three units. Complete package include 300 pamphlets (50 each of 5 pamphlets), 300 workbooks (50 each of six workbooks), 1 clinician’s guide (Part I), 1 clinician’s guide (Part II), six-DVD set, and 1 Circle of Support Chart. SPECIAL: complete package for $1,895.00.

Relapse Prevention Skills Program Part I ($999.00)
- Identifying Your High Risk Factors
- Coping With Emotional and Physical High-Risk Factors
- Coping With Personal & Social High-Risk Factors
- The Relapse Prevention Clinician’s Guide, Part I

Relapse Prevention Skills Program Part II ($995.00)
- Your Circle of Support
- Finding Your Strengths
- Relapse and HIV Risk
- The Relapse Prevention Clinician’s Guide Part II

Close to Home:
Moyers on Addiction
In this critically acclaimed five-part series, Bill Moyers puts a human face on an American public health crisis: drug and alcohol addiction. Each program takes on a different facet of addiction and recovery – from studies of brain pathology and genetic risk, to various prevention and treatment approaches, to a look at our public policy. The intimate experience of addiction is shared by the addicts themselves, their parents, children, and those helping them toward recovery. Also includes a special video introduction by Mr. Moyers. 5-part series, 57-81 minutes each. SPECIAL: $399.95 for all 5 DVDs.

Roadblocks to Recovery:
Uncovering the Hidden Barriers to Clean and Sober Living
This straightforward program identifies common characteristics of relapse-prone clients: early substance use, a history of relapse and trauma, anger, and depression. Complete program includes 1 copy of each of three 20-minute DVDs, 30 copies of each workbook, and 1 facilitator’s guide. SPECIAL: $449.00 for complete program.

- Counseling Chronic Recidivists ($8.95 – Facilitator’s Guide)
- Depression and Anger ($99.00 DVD and $2.50 Workbook)
- Personal Trauma ($99.00 DVD and $2.50 Workbook)
- Personality Issues ($99.00 DVD and $2.50 Workbook)

DUI/DWI: Make This One Your Last One
Without using scare tactics or value judgments, this important DVD helps first-time DUI offenders appreciate the danger of drinking and driving, and suggests steps and contingency plans to prevent future offenses. Includes resources for those who may have a serious alcohol dependency. An important resource for corrections programs, driver’s education programs, and alcohol prevention programs. Includes expanded facilitator’s guide with reproducible worksheets. 20 minutes. 2003. $225.00

Just One More
An estimated 13,000 people are injured in alcohol-related crashes each year in the U.S. Drunk driving is the leading cause of death among teenagers and is considered the nation’s most frequently committed violent crime. Yet, few people think about the consequence of driving while “under the influence.” This compelling program tells the story of Kimberly Matthews, a high school teen with a dream and talent for running, who ends up in dreadful car wreck that literally ruins who

life. Alcohol was involved. Her injuries leave her with little chance of ever walking again, much less running. This DVD is a powerful dose of reality that debunks the myth that an individual can drink and still drive safely. 20 minutes. 2003. $129.95

Books
From Addiction to Recovery Kit
Substance abuse and addictive behaviors affect millions of Americans each day. This special resource kit provides the latest insights and wise professional advice on how to best deal with such behaviors. Can purchase separately. SPECIAL: $117.95 for complete kit!

- The Addiction Workbook ($18.95)
- Denial Is Not a River In Egypt ($13.95)
- How to Get Sober and Stay Sober ($13.95)
- Passages Through Recovery ($14.95)
- The Recovery Book ($15.95)
- Sex, Drugs, Gambling, and Chocolate ($15.95)
- Stop the Chaos ($13.95)
- The Truth About Addiction and Recovery ($15.00)

The Addiction Workbook
Patrick Fanning and John O’Neill
At any given time there are 18 million adult alcoholics and drug addicts in America. Of the 17 percent who quit each year, most do so on their own. However, this life-changing handbook helps addicts understand their addiction and the negative effect it has on their lives. Using questionnaires and other tools to guide readers toward self-discovery, it provides the steps addicts must take to become clean and sober. 152 pages. 1996. $18.95

Chicken Soup for the Recovering Soul
Robert Ackerman
You are not alone. This unique source of inspiration and renewal is designed as a personal, portable support group. It includes a wonderful collection of stories about healing, hope, love, and resilience for those facing recovery from addictions, depression, behavioral disorders, or other personal demons and dysfunctional lives. 366 pages. 2004. $14.95 SPECIAL: 10% discount on 10+ copies.

Stop the Chaos! How to Get Control of Your Life
By Beating Booze and Drugs
Allen A. Tighe
Offers a straightforward, practical, effective guide to recovery. Steers readers through the issues addicts must address, such as the importance of reaching out for help, dealing with high-risk behavior, and preventing relapse. Includes exercises, quizzes, and illustrations. 190 pages. 1998. $13.95. SPECIAL: 10 workbooks for $139.00

Addictive Thinking:
Understanding Self-Deception
Abraham J. Twerski
Reveals how self-deceptive thought can undermine self-esteem and threaten the sobriety of a recovering individual. Includes updated information and research on depression and addictive disorders, the relationship between addictive thinking and relapse, and the origins of addictive thought. Offers hope to those seeking a healthy and rewarding life in recovery. 140 pages. 1997. $13.95. SPECIAL: 10% discount on 10+ copies.

Denial Is Not a River In Egypt
Sandi Bachom and Don Ross
Bringing a wealth of wit and humor to the serious subject of recovery, it includes a collection of the quips and wise sayings, epigrams and home truths that have seen many people through troubled times and recovery. Embellished with whimsical hieroglyphics, these well-chosen quotations on fear, denial, insanity, ego, resentment, acceptance, healing, and laughter will brighten the day of readers in recovery. 93 pages. 1998. $13.95. SPECIAL: 10% on 10+ copies.

Meditations for Individuals in Recovery
This terrific set of meditation books helps individuals in recovery develop a spiritual program, relate the Twelve Steps to their everyday lives, and accomplish their treatment and aftercare goals. Includes daily thoughts, meditations, and prayers. Can purchase separately. SPECIAL: $132.95

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- A Day at a Time ($14.95)
- A Life of My Own ($13.95)
- Each Day a New Beginning ($13.95)
- Free At Last ($13.95)
- God Grant Me . . . ($13.95)
- Keep It Simple ($13.95)
- Our Best Days ($13.95)
- The Promise of a New Day ($13.95)
- Twenty-Four Hours a Day ($12.95)
- Wisdom to Know ($13.95)

Pathways to Sobriety Workbook
William Fleeman
Over 10% of the U.S. population is dependent on alcohol or some other substance. Presenting an effective 8-step program, this book helps readers unlearn their destructive behaviors. Each chapter contains first-person accounts that clarify concepts and personalize the lessons and exercises. 259 pages. 2008. $24.95. SPECIAL: 10% discount on 10+ copies.

The Recovery Book
Eisenberg, Mooney, and Gitlow
Explains exactly what a recovering addict and his or her family will face during every stage of living clean and sober. Includes information on support groups, family relationships, temptations, and hundreds of questions and answers. An easy-to-use one-stop reference on alcohol and other addictions. 624 pages. 1992. $15.95. SPECIAL: 10% discount on 10+ copies.

The A to Zs of Addictions and Addictive Behaviors
Esther Gwinnell, MD, and Christine Adamec
More than 300 entries in this encyclopedia provide a comprehensive overview of individual addictions and also overlapping issues, such as emotional problems, family dysfunction, and employment difficulties. Includes appendices listing important organizations, illustrative tables of important statistics, and a detailed bibliography. Entries include abstinence, Alcoholics Anonymous, binge drinking, cosmetic surgery addiction, credit card overspending, drug addiction, drug courts, exercise addiction, food addiction, gambling, Internet addiction disorder, rehabilitation, sexual addiction, and violence. 368 pages. 2007. $19.95

12 Stupid Things That Mess Up Recovery
Avoiding Relapse Through Self-Awareness and Right Action
Allen Berger, Ph.D.
Shows how to deal with frustration and chronic stress, and resist the lure of “easy money” and the street life. Includes a free 170-page Counselor’s Guide (contains 43 activities with reproducible worksheets, 98 suggested questions for leading discussions about each tape, and a useful bibliography). Can also customize the program for teens. 38-40 minutes each: VHS or DVD. SPECIAL: Complete 5-video series with Counselor’s Guide for only $750.00 (save $225.00!).

The Woman’s Guide to Recovery
Brenda Iliff
This book familiarizes women with essential, inevitable issues they will face as they strive to recover from addiction: self-care and family responsibilities, rebuilding relationships and avoiding past mistakes, addressing related compulsive behaviors. Through personal accounts of women who have “been there, done that,” readers gain insight into what it means and what it takes to sustain a healthy, lasting recovery. 259 pages. 2008. $14.95

I’ve Got This Friend Who...
Advice for Teens and Their Friends on Alcohol, Drugs, Eating Disorders, Risky Behavior and More
This interactive book helps teens handle difficult issues: alcohol or other drug use, depression, eating disorders, and more. Personal stories, fast facts and self-tests help young readers recognize when a friend or family member is in trouble, identify and seek help for their own issues, and practice self-care to avoid feeling overwhelmed by others’ problems. 208 pages. 2008. $14.95

The Sports Lover’s Guide to Recovery
Andrew L. Dieden
“Winning isn’t everything, it’s the only thing.” The words of legendary coach Vince Lombardi hold true on the athletic field as in the recovery world where overcoming addiction is the ultimate challenge. The author draws from lessons in courage, strength, and determination from the sports world in his motivational and entertaining playbook for understanding addiction and achieving sobriety. Recovery is about making tough calls and big changes – switching the line-up, adjusting the swing, reviewing the game film – that will lead to a life of freedom and joy. 136 pages. 2008. $14.95

Training Programs
Beat the Street Video Series
Shows how to deal with frustration and chronic stress, and resist the lure of “easy money” and the street life. Includes a free 170-page Counselor’s Guide (contains 43 activities with reproducible worksheets, 98 suggested questions for leading discussions about each tape, and a useful bibliography). Can also customize the program for teens. 38-40 minutes each: VHS or DVD. SPECIAL: Complete 5-video series with Counselor’s Guide for only $750.00 (save $225.00!).

Life Without a Crutch
Ned Rollo
Used in correctional institutions, this handbook provides reasons to confront dependency and overcome self-surrender. An ideal introduction to any recovery or reentry program, no matter what the addiction or treatment method. Motivates the reader to accept and confront the influence of dependency in his or her life. 69 pages. $7.95 SPECIALS: $74.95 for 10 copies; $695.00 for 100 copies. Life Without a Crutch Training Program also available for $995.00

Breaking the Chains of Addiction: Using Science to Aid Recovery
Filmed at Richland Correctional Facility in Ohio, Dr. Cardwell Nuckols shares with inmates the science of how to overcome addiction and improve 80-90% of their life. With numerous revealing video clips and illustrations of the effects of drugs and alcohol on animals and humans, he explores the difference between addicts and non-addicts and explains what research proves you should and can do to recover. This four-part series (A Brain Disease, Managing a Craving, Telling Your Story, and Getting Connected) helps individuals understand addiction, learn to manage cravings, discover their real self, connect on a human and spiritual level, and become a better parent. $350.00

Living Skills Complete Program
Managing day-to-day skills is a challenge for individuals who are leaving treatment or a corrections setting. With a variety of formats and subjects, this curriculum allows you to create a customized, affordable program. Program includes six 20-minute DVDs, 180 pamphlets (30 each of 6 topics), and 180 workbooks (30 each of 6 topics). SPECIAL: $1,195.00 for complete package. Can purchase DVDs separately ($99.00 each), or all six for $589.00. Can purchase a package containing one DVD, 30 pamphlets, and 30 workbooks for $210.00.

- Looking for Work
- Making Decisions
- Managing Money
- Refusal Skills
- Values & Personal Responsibility
- Hygiene and Self-Care

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Women in Recovery

Women, Trauma, and Recovery: Getting Clean, Sober, and Safe (DVD)
A high percentage of urban female addicts have experienced severe trauma in childhood and/or in addiction – sexual abuse, physical beatings, emotional abuse, violent assault with weapons, witnessing severe violence. Many suffer from Post Traumatic Stress Disorder (PTSD) manifested in high levels of anxiety and depression, sleep disorders, reliving traumatic events, etc. This program presents the poignant testimony of six recovering women with PTSD. They provide useful strategies for avoiding relapse, as well as the inspiration and hope many viewers need. Includes free Facilitator’s Guide with reproducible client worksheets. 30 minutes. $195.00

Women in Recovery
Taking care of others while neglecting self-care. Seeing other women as competitors rather than compatriots. Recovering women often face issues that men don’t experience, issues that women may be unwilling to discuss in mixed-gender treatment groups. In this DVD, women talk about shame, relationships, victimization, and the importance of working a program with other women who have “been there.” Closed-captioned. 23 minutes. 2002. $225.00

Women and Addiction:
A Gender-Responsive Approach
Stephanie S. Covington, Ph.D.
Women’s treatment involves more than simply providing women-only group settings. Program content, staff selection, and even site selection must be considered. This program explains how to create effective recovery services that acknowledge the realities of girls’ and women’s lives, addressing their unique challenges and strengths. Includes a manual and DVD. 75 minutes. $175.00

Step Videos for Adolescents
How a teen experiences the first three Steps can differ exponentially from an adult. Sarah, Adam, and other teens share their triumphs and setbacks in candid, heartfelt stories about parents, school, and friendships. This DVD series is a core resource for treatment programs and an excellent outreach tool for community youth groups. $79.00 each. SPECIAL: $225.00 for all 3 DVDs.

- Step One for Adolescents
- Step Two for Adolescents
- Step Three for Adolescents

Adolescents and Marijuana:
Getting a Life
Teens who experienced the highs and lows of marijuana abuse share their stories of addiction and loss and subsequent recovery. Told strictly through the voices of the teens profiled, this DVD cuts to the core of marijuana attraction and the ultimate cost to the user on a physical, emotional, and spiritual level. An inspiration for recovering teens of all walks of life to stay clean and nurture their recovery. Closed-captioned. 14 minutes. 2000. $149.00

Done Drinking:
Getting Straight, Staying Sober
Something powerful happens when kids speak from the heart. And when the topic of discussion is their alcoholism, the unscripted words of teens who’ve been there tell the real story of this chronic and progressive disease. In this compelling and hopeful DVD, teen alcoholics in recovery talk about why they started drinking, how alcohol took over their lives, what they did to get sober, and who they’ve become in recovery. The result is an honest look at what it means, and what it takes, for a teen to be “done drinking.” Closed-captioned. 13 minutes. 2003. $225.00

Club Drugs:
When the Party Is Over
Six teens offer firsthand accounts of their addiction to club drugs and their quest to get straight and stay sober. Clinicians describe the serious physical and psychological effects of club drugs, focusing on Ecstasy, GHB, Rohypnol, ketamine, LSD, and methamphetamine. Includes facilitator’s guide. 28 minutes. 2003. $225.00

Marijuana:
Escape to Nowhere
This DVD challenges myths about marijuana by clearly stating that marijuana is addictive and its use results in physical, emotional, and spiritual consequences. It also explains in simple language the pharmacology of today’s more potent marijuana and shares the hope and healing of recovery. 41 minutes. 1999. Spanish-language version is available. $149.00

Make that Right Change
Teens in early recovery often experience intense emotions. The ability to deal with these emotions requires significant introspection and honesty. Teens in this DVD, through individual interviews and group discussions, expose their vulnerabilities, fear, pain, and job – showing young viewers that recovery begins by letting down one’s guard. 25 minutes. 1999. $149.00

Soft Is the Heart of a Child
This beautiful, powerful, and memorable DVD is the story of a family that is threatened by alcoholism. Focusing on the children – rather than on the alcoholic – the DVD shows three youngsters confused and frightened by the father’s drinking, by arguments, and by violence. The turning point comes when members of the family resolve not to let their lives be destroyed by alcoholism. 26 minutes. $225.00. Spanish version also available.

Twelve: Young Addicts Speak from the Heart
Kat grew up in an alcoholic home. John made drinking the center of his life at a young age. Rene’s parents divorced when he was five, while Chris and Dante both seemed to have everything they wanted—but all became substance abusers. Through detailed, candid conversations, this program goes inside the childhood memories and emotional lives of recovering addicts who started their habits at, or close to, age 12. Their stories reveal unique qualities and experiences as well as patterns seen over and over again among alcoholics and drug abusers—often involving crime and social isolation. In addition to their pain and regret, the participants also discuss the most daunting challenge of all: the ongoing process of recovery. 44 minutes. 2008. $169.95

How You Got Here:
Reflections of a Lost Childhood (DVD)
Michael Johnson exposes what he calls the lost piece in recovery – our childhood, the roots of our personal defects, the deprived childhood, the underpinnings of pain, suffering, and destruction. Helps viewers understand how they became addicted to drugs and the resulting problems with personal relationships and criminal behavior. Reveals the secrets of healing, forgiveness, and love. Viewers understand how they became addicted to drugs and criminal behavior; understand what family means to them; learn to accept their family; understand that they are not alone; and learn the importance of forgiveness. 50 minutes. 2008. $250.00

The Sober Life Treatment Series (DVDs)
Delbert Boone
Winner of a 2007 Telly Award, this exciting series is divided into three distinct parts that will encourage group discussion as it forces viewers to take a serious look at their lifestyle, behavior, attitude, and what they need to do in the early stages of sobriety. 31 to 49 minutes each. 2007. Can purchase separately for $200.00 each. SPECIAL: $550 for all three programs.

- My Behavior Explained
- My Attitude, Changing Perspectives
- Dedicating Yourself to Sobriety

A New Direction for Ex-Offenders: A Curriculum
Developed by Hazelden in partnership with the Minnesota Department of Corrections. The cognitive-behavioral approach helps inmates see how their attitudes and assumptions fuel destructive behaviors. The program includes these five modules with corresponding DVDs, facilitator’s guides, and workbooks:

- Criminal and Addictive Thinking
- Relapse Prevention
- Drug and Alcohol Education
- Socialization
- Release and Reintegration Preparation

Available in two versions: SHORT-TERM PACKAGE—$3,995.00 (Includes 11 DVDs, 7 facilitator’s guides, and 600 workbooks for operating a 3- to 6-month...
program with 100 clients), or LONG-TERM PACKAGE—$5,395.00 (includes 11 DVDs, 7 facilitator’s guides, and 700 workbooks for operating a 6- to 12-month program with 100 clients). Both packages include an “Intake and Orientation” component (1 DVD, 1 facilitator’s guide, and 100 workbooks).

Recovery Curriculum for Teens

The Matrix Model for Teens and Young Adults: An Intensive Outpatient Alcohol and Drug Treatment Program

Why don’t my parents trust me? Where can I find sober friends? How can I keep my grades up without using? The unique, divergent needs of young treatment clients are addressed in this evidence-based treatment program. It’s adapted from the adult Matrix Model, which was recognized as effective in one of the largest randomized clinical trials for meth treatment to date. Program components include a therapist’s manual, a family education program, three lecture videos, 1,280 print stickers to track alcohol- and drug-free days, 30 slide guides for parents and caregivers, a free CD-ROM from NIDA, a CD-ROM of all handouts, and 25 Matrix medallions. All print components are packed in a three-ring binder. $695.00

Teen Intervene: Using Brief Intervention With Substance-Abusing Adolescents

Ken C. Winters, Ph.D.

Incorporates leading evidence-based intervention strategies – stages of change theory, motivational interviewing techniques, and cognitive-behavioral therapy. This practical, ready-to-use model can be administered by teachers, school counselors, social workers, or psychologists. Curriculum includes 1 facilitator’s guide, a post-test worth 6 CE hours, and 1 CD-ROM containing reproducible worksheets for teens and their parents/caregivers (1 hard copy set of worksheets is also included). $249.00

Class Action: A High School Alcohol Use Prevention Curriculum

Based on the social influences theory, this popular program aims to change the social norms around alcohol use and to change negative peer pressure into positive peer pressure. Helps delay the onset of alcohol use, reduce use among young people who have already tried it, and limit the number of alcohol-related problems experienced by young drinkers. This highly interactive curriculum helps teens see the real-world consequences of underage alcohol use. Using casebooks and audio CDs, students are divided into legal teams to prepare and present hypothetical civil cases in which someone has been harmed as a result of underage drinking. The teacher’s manual provides discussion questions, scheduling tips, and step-by-step instructions for guiding teens in developing their cases. Parent postcards reinforce lessons by providing information to caregivers on preventing underage drinking. The six Class Action cases include:

- Drinking and Driving on Trial
- Drinking and Violence on Trial
- Drinking and Vandalism on Trial
- Fetal Alcohol Syndrome on Trial
- Date Rape on Trial
- School Alcohol Policies on Trial

The complete package includes: 42 casebooks (7 of each title), set of 6 CDs, teacher’s manual with reproducible handouts in a three-ring binder, and 120 parent postcards. $595.00

Legal Consequences of Alcohol and Other Drugs

Interviews with teens, attorneys, and law enforcement illustrate the real world consequences of adolescent alcohol and drug use in this DVD created expressly for high school students. From underage drinking violations to drug possession to drinking-and-driving accidents to assault, this no-nonsense program shows the serious social and legal ramifications of teen drinking and drugging. Includes a free facilitator’s guide containing background information, a session outline, and a reproducible parent newsletter. Closed-captioned. 23 minutes. 2005. $225.00

Adolescent Recovery Plan

Stephen G. Biddulph

Designed for youth aged 14-18 in treatment and recovery, this program includes personal stories, an award-winning DVD, experiential activities, and comic book characters. Exercises actively involve youth, family members, and peers. Facilitator’s guide allows treatment provider to customize program. Package includes 1 facilitator’s guide (160 pages), 1 set of 4 phase (15 reproducible exercises, 9-25 pages each with completion certificates for each phase), 1 Make That Right Change DVD, 1 Guide for Parents and Family workbook (free), 10 Escape From the Planet Pain comic books, 10 medallions, 10 wristbands, and 1 Continuing Care Workbook. SPECIAL: Complete package for $349.00.

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Project Northland:

Alcohol Use Prevention Curriculum for Grades 6-8

This evidence-based program is based on the most rigorous alcohol-use prevention trial ever funded by the National Institute on Alcohol Abuse and Alcoholism (NIAAA). Developed by the University of Minnesota, it reduced teen alcohol use by 30% after its initial three-year test program. It has proven to delay, prevent, and reduce alcohol use among middle and high school students. The program integrates classroom activities, parent involvement, peer leadership, and community support. Includes a variety of highly engaging, interactive formats to reach youth – comic books, group project, peer leadership, etc. Includes these four components:

- Sixth Grade: Slick Tracy
- Seventh Grade: Amazing Alternatives!
- Eighth Grade: PowerLines

The curriculum is also available in Spanish or Native American versions (please specify). 2006. $139.00 for each grade. SPECIAL: $695.00 for all five curricula.

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$695.00 for all five curricula

On the Verge: Boosting Your Prevention Efforts

This program significantly enhances the effectiveness of the D.A.R.E. program when the two are used together. In four brief sessions, this engaging curriculum helps teens examine attitudes and pressures in critical areas of their lives. Colorful, upbeat magazines containing exercises, articles, self-assessments, and games can be read by young teens on their own, with peers, or with family members. All materials included in a three-ring binder. Program includes 1 facilitator guide (includes peer leader guide and reproducible activity sheets), 1 audio CD, 30 sets of 4 VERGE magazines, and 30 sets of 4 parent postcards. $245.00

Protection You/Protecting Me:

An Alcohol Use Prevention Curriculum (Grades 1 to 5)

Since children are at increasing risk for alcohol and other drug use as they grow older, it is imperative that educators reach them during elementary school – grades 1-5 – before they have shaped their attitudes and opinions about drug use. This evidence-based curriculum incorporates the latest research on children’s brains and developmental risks associated with exposure to alcohol before age 21. The curriculum for each grade addresses eight topics: the brain, growth and development, health and safety, rules and laws, friends, choices and decisions, media awareness, communication (especially with adults). The lessons are designed to be incorporated into the core school curriculum. The program also includes parental involvement activities. Program materials for each grade include a 3-ring binder with a curriculum, a fidelity checklist, posters, a scope-and-sequence document, and parent materials in English and Spanish. The curriculum is also available in Spanish or Native American versions (please specify). 2006. $139.00 for each grade. SPECIAL: $695.00 for all five curricula.

Supercharged:

Strategies that worked in Project Northland, provides step-by-step instructions on how to implement the parent education and community action components of the program. $259.00 each. SPECIAL: $795.00 for all four components.
Healthy Bodies, Healthy Minds DVD Series
Thousands of young people lose their lives each year to suicide and eating disorders. Millions more struggle to overcome these and other psychosocial or behavioral disorders. This DVD series explores these disorders through the words and experiences of real teens. Viewers will understand what they can do to keep themselves healthy physically and emotionally. 9-16 minutes each. $225.00 each. SPECIAL: $849.00 for set of 4.

- Teens and Trauma
- Suicide Awareness and Prevention
- Preventing Eating Disorders
- Teens and ADHD

Youth Life Skills DVD for Middle School Collection (Grades 6-9)
This program gives students in middle school the tools to handle difficult life situations. In their own words, teens talk about skills that young people can use every day of their lives. Each topic-specific module includes one facilitator’s guide and 30 student workbooks. $99.95 each. SPECIAL: $489.95 for the complete program of five modules.

- Anger Management
- Decision Making
- Stress Management
- Conflict Resolution
- Communication

Youth Life Skills for High School Collection (Grades 9-12)
This program conveys powerful peer-to-peer messages about problem solving and living responsibly. In their own words, real teens explain how they handled difficult situations in the past and what they learned from their experiences. Comes as an album of 5 DVDs and 1 CD-ROM. The CD contains a facilitator guide for each of the five programs. Total viewing time: 52 minutes. Closed-captioned. 2007. $269.00

- Anger Management
- Conflict Resolution
- Stress Management
- Communication
- Decision Making

Drug and Alcohol Prevention Series for Teens
This unique series features poignant, hard-hitting testimonials from teens in recovery. Reveals the real story about drug use. Debunks myths and presents important pharmacological facts. Includes a video discussion guide to help get students talking and thinking about solutions. 15 to 24 minutes each. 2003. SPECIAL: $1,095.00 for all 9 DVDs (save $422.00!)

- Club Drugs: Nothing to Rave About ($149.00)
- Cocaine/Crack: Journals From the Inside ($149.00)
- Inhalants: Danger! Toxic Chemicals ($149.00)
- Heroin: Overcast ($99.00)
- Marijuana: Reality Check ($149.00)
- Nicotine: SmokeFree TV ($99.00)
- Alcohol: Everyone’s Not Doing It ($149.00)
- Methamphetamine: Walking on Thin Ice ($149.00)
- Prescription Drug Abuse ($225.00)

Parenting Skills

Reclaim Your Family From Addiction Curriculum
An incomparable resource for seeing families through the process of recovery. Program includes three components:

- Reclaim Your Family From Addiction ($14.95 – book)
- Reclaim Your Family From Addiction Work: How Families Recover Love and Meaning ($7.95 workbook; $29.95 facilitator’s guide)
- Reclaim Your Family From Addiction Work: How Couples Recover Love and Meaning ($7.95 workbook; $29.95 facilitator’s guide)

SPECIAL: $125.00 for 1 copy of book, 5 copies of workbook, and 1 copy of each facilitator’s guide.

The Real Life Parenting Skills Complete Program
This multimedia program teaches individuals basic parenting skills they may have never learned due to growing up in an addictive household. It consists of 3 programs: Building Trust, Handling Anger, and Setting Rules and Limits. Each program includes a pamphlet, workbook, and DVD. SPECIAL: $669.00 for complete collection consisting of 90 pamphlets (30 of each of 3 titles), 90 workbooks (30 each of 3 titles), 3 DVDs, and a Facilitator’s Guide.

DVDs

The Story of Mothers and Daughters DVD
This intimate, deeply moving, and painfully honest award-winning documentary film is about the profoundly important mother-daughter bond. It’s the story of who we are—a time, winning documentary film is about the profoundly important mother-daughter bond. It’s the story of who we are—a time, as well as their mother’s. Fifty American women and girls, during pivotal life-moments from cradle to grave, give revealing self-portraits of the mother-daughter relationship in all its diversity and complexity. Originally aired on ABC and PBS. 72 minutes. $149.00

Teen Alcohol and Other Drug Use: Knowing the Signs and What to Do About Them
Eighty percent of young people consume alcohol and 55 percent have used an illicit drug by the time they leave high school. So what’s a parent to do? This break-through DVD provides information about preventing teen alcohol and drug use and intervening once a teen has started using. Facilitator’s Guide includes a parent education session and take-home materials. 23 minutes. $225.00

The Matrix Model: The Family Unit
The 12-session alcohol and drug education program helps families understand the process of addiction and recovery. Includes facilitator materials, handouts (on CD-ROM), and three lectures on DVD: Road Map for Recovery, Triggers and Cravings, and Families in Recovery. $429.00. Spanish translation of handout materials on CD-ROM available for $59.00.

The Story of Fathers and Sons
One father loses his two-month-old son; another father watches his son grow up through prison bars; one son wants to be the father he never had; and another son sheds tears of joy to be an old man alongside his dad. This documentary reflects the cycle of fatherhood and the path to maturity. Among the many poignant stories told firsthand are those of actor Edward James Olmos and basketball star Shaquille O’Neal. 46 minutes, color. $149.00

Post-Prison Blues
Inmates and experts relate their experiences and insights on how to make the emotional transition. They talk about dealing with the label “ex-convict,” coping with the change from structured time, surviving without support from family or friends, helping children understand why they were in prison, and dealing with the often uncertain future. 28 minutes. 1999. $129.00

Bad Dads
Called “H.O.P.E. For Life,” this DVD assists prison inmates who are poor fathers. The men are confronted by teenagers who have been neglected, abandoned, or abused by their own fathers. Role playing brings to the surface the pain and anger each individual suffers. The men reveal the anger of their own childhoods before they can sincerely apologize to their children. $99.95

Family Issues for the Chemically Dependent
In this vivid depiction of family life after treatment, clients will learn how to regain trust from family members, develop new coping techniques, set boundaries, communicate honestly, and understand how family roles are relearned. 35 minutes. $149.00

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The Five Essentials of Successful Parenting
Every child needs five essentials for building the foundation for a happy and healthy life. Modeled on-screen by a diverse group of loving parents with children ages 1–5, viewers learn the specific behaviors and techniques that will allow their child to reach her or his fullest potential. The program provides parents with ideas for becoming a parent who loves and respects his or her child. A single DVD includes five volumes (15 minutes per volume) along with a facilitator’s guide and handouts. Closed-captioned. $299.95

- Love and Stability
- Time Together
- Inspire and Challenge

Positive Discipline
- Safety and Health

Books

7 Habits of Highly Effective Families
Stephen R. Covey
Imparts practical advice on solving common family dilemmas, such as finding quality time to spend together, dealing with family disputes, healing a broken relationship, and changing a negative family atmosphere. 400 pages. 1998. $15.00. SPECIAL: 10% discount on 10+ copies.

How to Be a Responsible Father: A Workbook for Offenders
Terry Stavar, Ed.D.
This workbook helps incarcerated men become responsible fathers. Examines communication, discipline, stress, reunification, and more—overcoming key barriers to becoming the fathers they should be. 223 pages. 2000. $30.00. Instructor’s Manual available for $50.00. SPECIAL: 10% discount on 10+ copies.

How to Be a Responsible Mother: A Workbook for Offenders
Diane E. Stavar, MA, and Terry L. Stavar, Ed.D.
This book prepares women in the correctional system for the challenges of being a mother while in prison and gives them the tools to be a better parent after release. Covers overcoming barriers to being a responsible mother; understanding child development; using positive discipline with your children; responsibilities of motherhood; and much more. 200 pages. 2008. $30.00. Instructor’s Manual also available for $50.00. SPECIAL: Purchase both for $77.95.

Anger, Rage, Bullying, and Violence

Reducing Anger in Adolescents: An REBT Approach
Robert Adelman, Ph.D.
Adolescents involved with substance abuse can be resistant, impulsive, and self-centered. This program helps you open the door to verbal interventions that are nonconfrontational, proactive, and collaborative. This easy-to-follow program draws on the empirically based treatment modality of REBT. The instructional design makes progress measurable for clinicians and learning enjoyable for adolescent clients. The curriculum includes handouts (in print and on CD-ROM), a nine-minute video on CD-ROM, and a facilitator manual packaged in a three-ring binder. The facilitator manual helps apply REBT techniques and introduces a group process to help teens integrate REBT into their recovery and lives. The facilitator manual is also available with a Post test worth 10 CE hours. For its proven effectiveness, this program received in 2004 the Joint Commission Ernest A. Codman Award in the behavioral health category. $229.00

Higher Stakes: The Consequences of High School Harassment
Police involvement. Criminal charges. Even jail terms. Actions that start out as “just a prank” can end with devastating consequences for teens. Featuring real teens (not actors) and their stories, this high-energy video helps high school students learn to recognize, respond to, and prevent harassment in all of its forms. Appropriate for grades 9-12. 14 minutes. 2001. $149.00

It’s Not Only Murder: Discovering the Violence in Your Life
This edgy, direct video shows real kids (not actors) talking about how seemingly minor incidents – name-calling, snubbing, eye rolling – are acts of violence that can lead to tragic consequences. Students learn that the first step to ending violence is recognizing it. Includes discussion guide. Appropriate for grades 7-12. 12 minutes. 2001. $149.00

The PAX Good Behavior Game: A Teacher’s Kit for Creating a Productive, Peaceful Classroom
Designed for use in K-6 classrooms, this research-based behavior management model increases student academic time by decreasing disruptive student behaviors. It’s simple, effective, and (best of all) fun! Students are divided into teams that “compete” against each other to earn rewards for refraining from disruptive, inattentive, or aggressive behavior. Approximately 20 published studies have shown that this classroom management model results in decreased classroom disruptions (by 50–90%), a greater number of students fully engaged in learning (by 20–50%), decreased referrals and suspensions (by 30–60%), and more time for teaching and learning (25%). The game kit includes: 1 teacher’s guide, 1 quick start guide, 1 reproducible parent booklet, 1 timer, 1 harmonic, 60 reward stickers, and 32 student wristbands. $179.00

Bullying and How to Handle It (Grades 3-4)
Preteens discuss what it means to bully and how they’ve dealt with this threatening behavior in their own lives. 12 minutes. 2003. $225.00

Bullying 101: Basic Tools to Stop Bullying in Middle School
This DVD explores unique bullying issues that middle-school students experience, as told in their own words. Real kids (not actors) discuss real-life issues and situations. 11 minutes. 2001. $149.00

No-Bullying Curriculum Program
This violence prevention program helps you deal with the pervasive problem of bullying at both elementary and middle schools. It was rated in the top 10 by the American Association of School Administrators as an outstanding violence prevention program. The program uses teacher’s guides, leaflets for parents, and stickers to encourage participation at many levels. Grade-specific manuals with activities (such as songs and puppets) make learning fun for teachers and students. You learn how to successfully respond in order to stop bullying, and how to hold students accountable for bullying. The complete program, for Grades K-8, includes:

- One No-Bullying Program Director’s Manual
- Four No-Bullying Program Teacher’s Manuals (one for each grade level: K-1, 2-3, 4-5, and 6-8)
- Four sets of No-Bullying Student Workbooks (one set for each grade level: K-1, 2-3, 4-5, and 6-8, and 30 workbooks per set)
- One pack of No-Bullying Parent Leaflets (50 leaflets per pack)
- One roll of No-Bullying Program Stickers (100 stickers per roll)
- One copy of Bullying - An Overview for Educators Booklet
- One No-Bullying Program Poster

$799.00 for the complete K-8 package. Can order elementary school package separately for $749.00

Peaceful School Bus Program
James Dillon
A whole-school program designed to decrease inappropriate behavior on buses while creating a climate of respect and cooperation. Teachers, administrators, parents, and students take part in bus route group meetings. At these meetings the students participate in team-building exercises, develop mentoring relationships, talk about bullying, and get to personally know their driver. Program includes a 15-minute DVD that gives a program overview and a CD-ROM that provides numerous resources (program posters, bus decals, activity handouts, a parent letter, a bus route leader-training outline, and implementation checklist). Appropriate for grades K-12. $119.00

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SPECIAL: 10% discount on 10+ copies.
Safe Dates
This is the only evidence-based adolescent dating abuse prevention program available today. It focuses on social-emotional competence issues such as changing norms, what constitutes a healthy dating relationship, defining abusive behaviors, learning how to handle emotions such as anger and jealousy, and learning positive communication skills. Highly engaging and interactive, the program helps teens recognize the difference between caring, supportive relationships and controlling, manipulative, or abusive dating relationships. Developed to be delivered in 4 to 9 sessions. Features case studies, activities, and a dramatic play on dating abuse. Includes reproducible handouts, parent materials, pre- and post-implementation tools for evaluation, and training tips for enlisting support from school staff or community organizations. 2004. $215.00

Anger and Conflict: Handle It Before It Handles You
Video game motif uses high-tech wizardry to engage youth in real-life situations and practice the A-B-C-D steps for managing anger and conflict. Each 16-minute DVD comes with a facilitator’s guide that includes questions, exercises, and reproducible worksheets. Appropriate for grades 6-9. $189.00 for set of 2 DVDs.

Respect and Protect: A Practical, Step-by-Step Violence Prevention and Intervention Program for Schools and Communities
Carole Remboldt and Richard Zimmern
Created for schools and communities, this practical, step-by-step program provides an ongoing, integrated system for violence prevention and intervention. Using a system of choices, consequences, and contracts to intervene with youth, the program also guides adults in “get tough” measures, anger management training, conflict resolution, and peer mediation programs. Components of the program include:
- Respect and Protect DVD ($99.00)
- Respect and Protect Manual ($120.00)
- Solving Violence Problems in Your School pamphlet ($5.95)
- Violence in Schools: The Enabling Factor pamphlet ($5.95)
SPECIAL: The complete package (1 DVD, 1 manual, 25 Violence in Schools pamphlets, and 25 Solving Violence pamphlets) for $325.00.

Olweus Bullying Prevention Program
This evidence-based product is the most researched and best-known bullying prevention program available today. It’s a school-based (grades 1-8) bullying prevention and reduction program based on large-scale studies of school bullying conducted by pioneering research Dr. Dan Olweus. The program focuses on restructuring the existing school environment to reduce opportunities and rewards for bullying behaviors. School staff implement the program with an emphasis on improving peer relations and making the school a positive place for students to learn and develop. This guide provides step-by-step assistance for schoolwide implementation. A CD-ROM includes all print resources, such as handouts and templates, and a DVD gives a program overview and information about how to use the program components at all levels. $89.95

Cyber Bullying Curriculum for Grades 3-12
Drs. Susan P. Limber, Robin M. Kowalski, and Patricia W. Agatston
These two important eight-session curriculum resources were designed to raise students’ and parents’ awareness of what cyber bullying is and why it is so harmful; equip students with the skills and resources to treat each other respectfully when using cyber technologies; give students information about how to get help if they, or others they know, are being cyber bullied; teach students how to use cyber technologies in positive ways. Each curriculum includes a CD-ROM with additional resources:
- Reproducible parent resources in both English and Spanish
- Program posters and all student handouts
- Resources to address cyber bullying school-wide (school policies, legal concerns, etc.)
- A short training on cyber bullying for program facilitators
SPECIAL: $189.95 for both programs.

Abused Boys, Wounded Men Curriculum:
Taking Responsibility for Ending the Cycle of Pain
Eamie Larsen
Explores an intense subject that is crucial to ending the cycle of abuse that began in childhood. Part of the Life Skills Series for Parolees and Inmates, this curriculum can be used in non-corrective settings as well. Interactive questions allow clients to identify situations in their own lives and work toward a solution. Workbook reinforces key concepts and spoken words from the DVDs. Program includes two 60-70 minutes DVDs ($350.00), 10 workbooks ($60.00), and a facilitator’s guide ($98.95). SPECIAL: $419.00 for complete program.

Healthy Bodies, Healthy Minds DVD Series
Thousands of young people lose their lives each year to suicide and eating disorders. Millions more struggle to overcome these and other psychosocial or behavioral disorders. This series explores these disorders through the words and experiences of real teens. Viewers will understand what they can do to keep themselves healthy physically and emotionally. Includes 4 DVDs, 9-17 minutes each. 2004. $225.00 each. SPECIAL: $849.00 for complete series.
- Preventing Eating Disorders: Promoting Positive Body Images
- Suicide Awareness and Prevention
- Teens and ADHD
- Teens and Trauma

Anger Management
Pulling Punches: A Curriculum for Rage Management
Designed for recovering addicts and alcoholics, this highly acclaimed three-part DVD series addresses the whole anger process that’s often associated with addiction:
- Understanding Your Rage
- Tools for Managing Rage
- Anger Reduction and Long-Term Changes
Shows how to better manage anger as well as make long-term behavioral changes. Includes crucial skills for avoiding relapse. Each DVD runs 35 minutes and includes a Counselor’s Guide with reproducible worksheets. Ethnically diverse, includes real people, and is narrated by a recovering person. Package includes complete set of three DVDs, Counselor’s Guide, and reproducible worksheets: $495.00

Beyond Anger: Connecting With Self and Others
Helps individuals let go of the past and prepare for a productive future. Defines anger, explains how it is learned early in life, and describes how cycles of anger develop when a person continues to express anger in unhealthy ways. An ex-offender shares the moving story of how he learned as a child to deal with anger, and he acts out a scene from his life where he is forced to confront his anger. The 4-part focuses on: Anger, Healing Repressed Anger, Forgiveness, and Reconciliation. 50 minutes. 1999. $149.00. Program also available with a facilitator’s guide ($95.95) and reproducible worksheets ($34.95). SPECIAL: Complete instructional package for $225.00.

Anger: The Bottom Line
Dr. C. C. Nuckols
Explains how anger has many causes and has become a learned coping and survival skill for many who are in treatment programs or in a criminal justice setting. Compares angry people to the alcoholic or addict new to treatment: most are in out of trouble with the law. Offers strategies to help viewers change their behavior and take control of their lives. 49 minutes. 2007. DVD. $250.00

How to Handle Conflict and Confrontation
This video shows how to resolve conflict professionally using expert conflict-management techniques. 60 minutes (divided into three 20-minute modules). Comes with Interactive Handbook, Participant’s Guide, and Instructor’s Guide. DVD. $99.00
**Cage Your Rage for Juveniles Video Program**
Examine critical areas in helping juvenile offenders identify and control anger and rage. Part One helps juveniles examine themselves and the roots of their anger. Part Two helps them understand how their anger turns into rage and leads to aggressive behavior. Part Three helps them analyze situations and develop appropriate responses to anger by using self-talk. Part Four offers anger management alternatives. Includes three videos (52 minutes), comprehensive leader’s guide, and workbook. VHS only. $265.00. Additional workbooks available for $15.00 each (see Cage Your Rage for Teens Workbook on this page).

**Manhood and Violence: Fatal Peril**
This one-hour documentary takes a look at reentry and the issue of male violence as it relates to the male role belief system. It focuses on nine men from diverse ethnicities who have either re-offended or violated the terms and conditions of their probation/parole. The men have all been court-mandated to participate in an intensive four-month violence prevention project where the re-arrest rate for violent offenses by the program’s participants dropped by 80 percent. 2003. DVD. $149.95

**Cage Your Rage Program**
Murray Cullen and Ronald R. Cullen
The most widely used anger management program in correctional settings! This integrated training package consists of Cage Your Rage Leader’s Guide, four DVDs, and 10 copies of Cage Your Rage Workbook for participants. The videos facilitate discussions about managing emotions. Includes dramatized scenes to stimulate discussion and demonstrate anger management techniques. Inmates discuss their own methods of managing anger. 75 minutes. $699.95
- Angle Past and Present
- Angle and Aggression
- What Causes Angle
- Managing Your Anger

**Best 10 1/4 Tips for Controlling Anger**
Focuses on developing communication skills for controlling anger and redirecting the anger of others. Covers the importance of preparing for disappointments and how to “let anger out safely.” A good resource for teaching important life skills. DVD. $98.00 SPECIAL: 10% discount on 5+ copies.

**Young Men’s Work:**
**Stopping Violence and Building Community**
This program teaches young men how to confront the beliefs that lead to violent behavior and how to recognize and challenge these beliefs and behaviors. Identifies alternative behaviors for healthier, more positive outcomes. Program includes a 27-minute DVD ($99.00), a 172-page facilitator’s guide ($72.95), 11 teen handbooks ($66.90), and set of three 22” x 34” posters ($25.00). SPECIAL: Complete package for $225.00.

**Niagara Falls Metaphor:**
Dealing with Anger, Drugs, and the Relapse Process
Wow! A cost-effective video that focuses on the critical link between anger, substance abuse, and relapse. Presented as a dynamic seminar, this informative program explains how anger and the relapse process are similar to a dangerous trip down the Niagara River and over the Falls. Offers practical concepts and skills designed to prevent relapse. A “must have” program. DVD. 43 minutes. 2002. Available elsewhere for $99.95. SPECIALS: $69.95 for one program; $599.95 for 10 programs; $5,795.00 for 100 programs. A master copy of a 24-page interactive journal/workbook (designed for making unlimited copies) available for $99.00.

**Managing Teen Anger and Violence**
William Fleeman
Filled with personal stories and vignettes, this book helps teens identify anger as a problem, recognize how they use anger like a drug, find non-violent ways to experience personal power, learn to change abusive and violent behavior, focus on values and goals that support a non-violent lifestyle, identify and change attitudes and beliefs that keep them stuck, avoid relapse into violent behavior, and develop a mission statement for a non-violent lifestyle. 230 pages. 2008. $19.95. A 40-hour home study course for counselors related to this book is available at www.impactpublications.com.

**Pathways to Peace Anger Management Workbook**
William Fleeman
Helps readers discover how they learned their anger pattern, focus on values and goals that support a rage-free lifestyle, and learn skills that will help them avoid relapsing into angry behavior. The workbook has 18 sessions, each complete with personal stories and questions designed to help the reader understand their past experiences and how to move forward. It provides real answers for men and women who know that they have an anger problem and are looking for positive change. 212 pages. 2003. $24.95. Ten home study courses for counselors related to this book available at www.impactpublications.com (search for “Home Study Courses for Drug and Alcohol Counselors”).

**Cage Your Rage for Teens Workbook**
Murray C. Cullen and Joan Wright
Helps juveniles better understand and deal with anger by recording their feelings and actions. Chapters discuss what causes anger, growing up with anger, how emotions develop, relaxation, and managing anger. Also deals with calming others, compromise, staging and signposting, self-talk, and feeling and action controls. 100 pages. 1996. $15.00. SPECIAL: 10 copies for $139.95.

**Cage Your Rage Workbook (English or Spanish)**
Murray C. Cullen, Ph.D.
This self-study workbook is designed to help offenders who have difficulty dealing with anger. Examines what anger is, explains its causes, and offers ways to manage it. 94 pages. Available in English and Spanish editions (please specify for Spanish). $20.00. SPECIAL: 10 copies for $179.95.

**Cage Your Rage for Women**
Judith Urquhart and Murray C. Cullen
Men and women express their anger in different ways. Based on the principles of the bestselling Cage Your Rage program, this book responds to the needs of women. Chapters include: Anger Has Many Faces; Feelings; All Is Not As It Seems; Shame, Guilt, and Embarrassment; Managing Anger, and more. 75 pages. 2003. $15.00. SPECIAL: 10 copies for $139.95.

**Cage Your Rage for Teens Facilitator’s Guide**
“...the companion guide is right on target. Very practical...Hints and tools for practitioners are excellent.” —Linda J. Romano, M.A., LCSW, Criminal Justice Consultant. This instructor’s manual provides invaluable assistance for leading teens through the Cage Your Rage for Teens program. 95 pages. 1996. $50.00.

**Anger and Conflict in the Workplace**
Lynne McClure, Ph.D.
Identifies the signs of anger and conflict, as well as outlines key skills for creating a more productive workplace. Reveals 8 types of anger found in many workplaces. Examines each type in reference to seven skills both managers and employees need in order to better manage anger and conflict in the workplace. 2000. $15.95. SPECIAL: 20-60% discounts (see page 1).

**Angry Men and Women**
Lynne McClure, Ph.D.
These two bestselling books (Angry Men and Angry Women) offer sound advice on how to deal with other people’s anger better, and manage one’s own anger in the process. 144 pages each. 2004 $14.95 each or $28.95 for both.

**Angry Black Males:**
The Misunderstood Population
R. Devin Beverly, Ph.D.
Finally, a comprehensive training tool to assist mental health professionals and other correctional personnel who work with angry black male populations. Organized into 19 PowerPoint-style presentation sections, this DVD helps develop more effective anger management programs based on a better understanding of this unique population. Individual sections explain the origins of anger and hostility, discuss effective ways to engage this population, analyze the limitations of assessment and diagnoses, explore programs that work, and much more. 30 minutes. 2005. DVD. $199.00

**Books**
Games

From Rage to Reason
Teaches important concepts and practical skills for controlling anger and avoiding violence. Players earn play money by giving Randy good advice on how to deal with frustrating and anger-provoking situations throughout his day, both on the job and in his personal life. Randy is rejected by a friend, taken advantage of by a co-worker, and suffers through other anger-provoking situations typical of teenagers and young adults. $49.95

Anger Bingo
Using the Bingo format, this game facilitates discussion, build skills, and help teens evaluate their attitudes and behaviors. Teaches anger management in a non-threatening game environment that is fun and educational. Addresses five anger management areas: triggers, symptoms, causes, control, and prevention. Grades 6-12. Includes 16 laminated Bingo cards, 75 calling cards, and reproducible handouts. 2002. $39.95

Re-Entry Board Games for Ex-Offenders
These seven popular and engaging games are ideal for ex-offenders preparing to enter the free world. Each Monopoly-style game teaches key concepts and skills. Can be played by multiple groups at a time (ideal for up to four teams with two players each). Each game includes a teacher's booklet for post-game discussion. Can purchase separately. SPECIAL: $339.95 for all seven games.

- Career Odyssey ($54.95)
- Keys to Job Success ($49.95)
- Ethics on the Job ($49.95)
- You Can't Fire the Customer ($49.95)
- You're Hired! ($49.95)
- Overcoming Employment Barriers ($49.95)
- Interview Challenge ($49.95)

Life Skills

Independent Living Learning Packages
This series of 8 learning packages introduces users to important independent living skills, including opening a checking account, wise use of credit, renting an apartment, and consumer shopping skills. Each package is a self-contained unit, packaged in an attractive binder, that includes: Instructor’s Notes, a pad of “Competency Requirements,” award-winning 15-20 minute DVD, computer software program, five copies of a handbook, a pad each of “Student Activity Worksheets,” a pad of “Assessment Checklists,” and “Assessment Checklist Answer Key. Packages: Banking: Credit and Loans; Banking: Checking and Savings; Skills for Buying a Car; This Apartment’s for You; Getting Around in Today’s World; On Your Own; Life Skills for the Telephone; Consumer Shopping. $269.00 per package. SPECIAL: The complete series of eight learning packages is $1,939.00; site license, $2,879.00; network license, $3,599.00.

Youth Life Skills Series for Middle School (Grades 6-9)
This program gives students in middle school the tools to handle difficult life situations. In their own words, real teens talk about skills that young people can use every day of their lives. Each topic-specific module includes one facilitator’s guide and 30 student workbooks. $99.00 per module. SPECIALS: $489.95 for the complete program.

- Anger Management
- Decision Making
- Conflict Resolution
- Communication
- Stress Management

Youth Life Skills Series for High School (Grades 9-12)
This program conveys powerful peer-to-peer messages about problem solving and living responsibly. In their own words, real teens explain how they handled difficult situations in the past and what they learned from their experiences. Includes 5 DVDs and 5 facilitator’s guides in PDF format on CD-ROM. 52 minutes. Closed-captioned. 2007. $269.00. Series titles include:

- Anger Management
- Conflict Resolution
- Stress Management
- Communication
- Decision Making
- Decision Making

Consumer Education DVD Series
This award-winning series helps develop basic consumer skills. Includes teacher’s guides with objectives, discussion questions, and activities. Runs 15 minutes each. $109.00 each or $850.00 for complete series of 8 DVDs.

- Credit and Loans
- Checking and Savings
- The Car That’s Right For You
- Apartment For Rent
- Skills For Living Alone
- Phonework: Life Skills
- Getting Around
- Consumer Buying

Sexual Harassment: What You Can Do
Victims of sexual harassment often feel powerless and don’t know what they can do to protect themselves. Under the direction of experts in the field, a group of teens, including those who have experienced sexual harassment, discuss the reality of life in high school today: how to tell the difference between unwanted attention and flirting, the influence of the media, what victims and bystanders can do, and the importance of reporting sexual harassment when it occurs. Includes a DVD, with a CD containing a teacher’s guide in PDF format. Grades 7-12. 20 minutes. 2007. $129.95

Preventing Sexual Harassment Video Collection
These four DVD programs deal with all aspects of sexual harassment in the workplace. Includes both employee and manager perspectives. Shows how awareness, communication, and civility can help solve this persistent problem. Examines legal issues and why harassment must be taken seriously. Outlines effective policies that help keep workplaces harassment-free. Can purchase separately. Most programs include a study guide. SPECIAL: $659.00 for all four programs.

- Harassment and Diversity: Respecting Differences ($169.00)
- Sexual Harassment: A Commonsense Approach for Employees ($189.00)
- Sexual Harassment: A Commonsense Approach for Managers ($189.00)
- Sexual Harassment: Serious Business ($149.00)

Young Women’s Lives
Paul Kivel and M. Nell Myhand
This 21-session, multiformat curriculum helps females ages 14-19 face problems, identify personal strengths, and locate supportive resources. Provides young women with practical ways to confront and transform the negative effects of gender, race, and class-based violence. Gives users a safe haven to enhance their strengths and creativity, methods for dealing with violence, skills in problem solving and anger management, and more. Includes 1 facilitator’s guide, 11 handbooks, 1 poster set, 1 DVD, and 1 package of 30 wallet cards. $225.00

Beyond Trauma Collection: A Healing Journey for Women
Stephanie S. Covington, Ph.D.
The vast majority of women who enter treatment for addiction have experienced or witnessed some sort of abuse. Practical and sensitive, the 11-session curriculum covers abuse in the family, power and abuse, why women abuse substances after trauma, and more. Includes a 2-volume facilitator DVD ($225.00), client DVD ($175.00), and facilitator guide with 10 workbooks ($159.00). SPECIAL: $525.00 for complete collection.
Success in the Job World Series
This award-winning video series prepares individuals for the realities of the workplace by giving them a taste of various “real” job situations. Stresses important skills for keeping and succeeding on the job, with special emphasis on appearance, attitude, communication, and self-discipline. Each program runs 15-20 minutes. 2000. $109.00 each. SPECIAL: $850.00 for all 8 programs.
- Attendance
- Follow My Directions
- Good Appearance on the Job
- Positive Attitudes: Success in Keeping a Job
- Phonework: On the Job
- Your Money Matters
- Your Job: Now It’s Up to You
- Job World Literacy

Life Steps DVD Series
This 12-DVD series is designed to build the critical traits of character, resiliency, and emotional intelligence, and help viewers become the best people they can be. Each DVD reflects a multi-ethnic group, is approximately 28 minutes, and includes a Leader’s Guide. 2003. $74.95 each. SPECIAL: All 12 DVDs and guides for $799.00.
- ABCs of Emotional Intelligence
- Knowing Who You Are
- Taking Charge
- Bouncing Back
- Empathy, Caring & Compassion
- Creative Problem Solving
- Getting Along With Others
- Building Character
- Respect
- Responsibility
- Healthy Relationships
- Doing Your Best

Art of Effective Communication
This award-winning program demonstrates the impact of good and poor communication skills on work relationships. Offers invaluable tips on how to improve verbal, nonverbal, listening, and written skills. Covers everything from body language to etiquette governing electronic communications. 27 minutes. 2000. DVD. $129.00

Managing Your Personal Finances Series
Responsible money management skills are essential for anyone who wants to get ahead and stay ahead. Covers everything from handling a paycheck and using credit to borrowing, saving, banking, and making large-ticket purchases. 18-20 minutes each. $108.00 each. SPECIAL: $540.00 for complete DVD series.
- Show Me the Money: Understanding Your Paycheck
- Money Matters: Mastering Basic Money Management
- Extra Credit: Recognizing the Do’s and Don’ts of Using Credit
- Make Your Money Grow! An Introduction to Saving and Investing
- Like Money in the Bank! An Introduction to Banking
- All About Cars! A Car Buying Guide

Teen Success in Life Skills Video Series (DVDs)
This series addresses key life challenges for teens. From being truthful, self-confident, and self-reliant to setting goals, changing attitudes, and getting motivated, these videos represent one of the most comprehensive collections of life skills programs available anywhere. Can purchase separately at $99.00 each. SPECIAL: $2,295.00 for all 25.
- 8 Steps to Successful Problem-Solving
- 10 Ways to Success for Disadvantaged Youth
- Cheating, Lying, and Dishonesty
- Empowering Teens to Succeed
- How to Go From Goal Setting to Goal Getting
- How to Cope With Life’s Hard Knocks
- How to Overcome Boredom and Lack of Motivation
- How to Stop Putting Yourself Down
- How to Turn “I Can’t” Into “I Can”
- How to Unlock Your Hidden Potential
- How to Work Smarter, Not Harder
- “Is There Life After High School?” Adjusting to the Real World
- It’s Time to Learn About Responsibility
- Leadership Skills for Today’s Students
- Stressproofing Teens for Tough Times
- Teen Guide to Making and Keeping Friends
- Teen Guide to Self-Confidence
- Teen Guide to Self-Discipline
- Teen Guide to Self Reliance
- Teen Guide to Setting and Achieving Goals
- Teen Guide to Setting Priorities
- Teen Guide to Traditional Values
- Teen Guide to Winning in Life
- Three Keys to Greater Success
- You Need More Than High School to Succeed

Life Strategies for Teens Video Series (DVDs)
These videos address some of the most important issues for teens on making better decisions and dealing with everyday challenges. Can purchase separately at $99.00 each. SPECIAL: $1,049.00 for all 12.
- 10 Ways to Be the Best You Can Be
- Assertiveness Training for Teens
- Coping With Jealousy
- Decision-Making Skills for Teens
- Frustration and Negative Feelings
- How to Deal With Competition and Comparisons
- The Key to Feeling Good About Yourself
- Making Smart Choices in Life
- Negotiating Skills for Teens
- Organizing Your Life
- Teen Guide to Overcoming Shyness
- Time Management Skills for Teens

Teen Life Skills for Success Video Kit (DVDs)
These 13 videos (22-29 minutes each) deal with some of the most important decision-making issues facing teens today. Each video helps young people understand their environment and what to do in order to achieve success at every turn in their lives. Can purchase separately at $99.00 each. SPECIAL: $1,229.00 for set of 13 programs.
- 10 Ways to Be the Best You Can Be
- 10 Ways to Boost Low Self-Esteem
- 10 Ways to Overcome Procrastination
- 10 Ways to Stay Motivated
- Decision-Making Skills For Teens
- How to Reach Out For Help
- Negotiating Skills For Teens
- Organize Your Life!
- Teen Guide to Getting Motivated
- Teen Guide to Setting and Achieving Goals
- Teen Guide to Surviving Divorce
- Teen Guide to Setting Priorities
- Time Management Skills For Teens

Interpersonal Skills for Teens Video Series (DVDs)
Learning how to get along with others is extremely important for teens who are in the process of developing lifelong interpersonal and social skills. This series of videos gives sound tips for helping teens deal with school, fellow students, teachers, and peer groups. Can purchase separately at $99.00 each. SPECIAL: $569.00 for all 6 programs.
- Getting Along in School
- Getting Along With Others
- “How Can I Fit In?” The Real Truth About Cliques
- How to Get Along With Teachers
- The Secret to Being Popular
- Turning Peer Pressure Into Peer Power

At-Risk Teens Video Series (DVDs)
Offer invaluable tips and strategies for improving self-esteem, becoming motivated, and handling gangs and violence. Can purchase separately at $99.00 each. SPECIAL: $569.00 for all 6 programs.
- 10 Keys to Success for At-Risk Students
- How to Cope With School Violence
- Motivational Tips for At-Risk Students
- Resisting Pressure to Join Gangs
- Self-Esteem Tips for At-Risk Students
- Self-Esteem Tips for Teens From Dysfunctional Families

School Success Skills for Teens Video Series (DVDs)
This series of videos help teens deal with the many challenges they face in school, from adjusting to a new school and getting good grades to overcoming test-taking anxiety and improving study skills. Can purchase separately at $99.00 each. SPECIAL: $1,325.00 for all 14.
- 10 Helpful Tips for Discouraged Learners
- 10 Ways to Improve Your Grades
- Developing a Positive Attitude Toward Homework
- First Year Jitters: Adjusting to the First Year of High School
- Getting the Most Out of School
- How to Be a Good School Citizen
How to Conquer Test-Taking Anxiety
How to Overcome School Burnout
How to Overcome School Phobia
How to Survive High School
It's Okay to Be Smart!
The Lazy Student's Guide to School Success
Teen Guide to Effective Study Skills
When It's Time to See the School Counselor

Teen Self-Esteem and Motivation Video Series (DVDs)
These video programs help teens improve their self-esteem and get motivated to succeed in all aspects of their lives, from school to work. Can purchase separately at $99.00 each. SPECIALS: $649.00 for all 7 programs.

Life Transitions for Teens Video Series (DVDs)
These four programs (9 videos) focus on key transitions teens face as they move into adulthood—getting a job, entering college, going back to school, and starting a career. Can purchase sets separately (priced individually as sets).

Quick Tips to Learning Personal Finance Skills
This unique collection of short high-interest videos focuses on personal finance skills for students and others. Six minutes each, they quickly capture the attention of viewers and serve as the basis for discussion. 2002. $49.00 each. SPECIAL: $179.00 for all 4 DVDs

Quick Tips to Building Character and Attitude
This unique collection of short high-interest videos focuses on building character and attitude in school. Six minutes each, they quickly capture the attention of viewers and serve as the basis for classroom discussion. Suitable for Grades 5-12/adult. 2003. $59.00 each. SPECIAL: $215.00 for all 4 DVDs.

Leadership for the New Millennium and Beyond: Becoming an Impact Player
Use this video to energize your students and/or clients around self-esteem, goal-setting, and attitudes—three key elements that can transform people into leaders, first of themselves, and then into impact players who lead others. Presented by Denny Faroute, an energetic motivator and experienced educator who is dedicated to making a difference in the lives of others. Denny's seminars cost hundreds of dollars to attend. But you can share his contagious enthusiasm and insights for pennies per person by purchasing this DVD. The program is organized into three 30-minute modules that provide content for several class sessions:

- Self-Esteem: Developing a Positive Self Image
- Legacy and Goals: A Lifeprint to Living
- Attitude: Embracing a Positive Attitude

A pause is built in between each module for discussion or related activities. Includes a free online facilitator guide. For middle school to adult audiences. Captioned. 90 minutes. 2004. $149.00

60-Minute Self-Renewal DVD Series
This powerful series of interactive videos and books is user-friendly, entertaining, and educational. Each video is organized into three 20-minute modules to ensure retention for lifelong benefits. Each program includes a 60-minute video, an interactive 60-minute handbook, a participant’s guide, and a facilitator’s guide. $99.00 each. SPECIAL: $1,479.00 for all 16 programs.

- Assertiveness Skills
- How to Coach an Effective Team
- How to De-Junk Your Life
- How to Get Things Done
- How to Handle Conflict and Confrontation
- How to Supervise People
- How to Work With People
- Listen Up: Hear What's Really Being Said
- Motivation and Goal-Setting
- A New Attitude
- Powerful Communication Skills
- Present with Confidence
- Self-Esteem: The Power to be Your Best
- Shortcuts to Creating and Maintaining Organized Files and Records
- Stress Management
- Supreme Teams: How to Make Teams Really Work

21st Century Money Management DVD Series
This popular video series is packed with information about banking in the new millennium. Covers everything from opening accounts to managing money successfully. Special focus is given to online banking functions and resources. 2005. $99.00 each. SPECIAL: Complete series of five DVDs for $399.00.

- Checking Accounts
- Credit Cards
- Financial Planning
- Savings
- Loans

Apartment for Rent
This DVD program follows three individuals as they hunt for an apartment in different locations to learn about the size, cost, and characteristics important in deciding on which apartment to rent. Discusses important terms to know while apartment hunting, and the important questions to ask in order to make the best selection. Describes the main parts of a lease agreement and emphasizes the importance of understanding a lease. 18 minutes. 2000. $108.00
Disabilities and Mental Health

Overcoming Anxiety and Depression Kit
Millions of people regularly suffer from various forms of anxiety and depression that can debilitating their personal and professional lives. Others will experience anxiety and depression at some time during their lives. This special kit pulls together the best resources for addressing these important mental health issues. Can purchase separately.
SPECIAL: $354.95 for all 20 books.
- 10 Simple Solutions to Worry ($12.95)
- Anxiety and Depression Workbook for Dummies ($19.99)
- The Anxiety and Phobia Workbook ($21.95)
- Anxious 9 to 5 ($14.95)
- Calming Your Anxious Mind ($16.95)
- The Cognitive Behavioral Workbook for Depression ($21.95)
- Coping With Anxiety ($14.95)
- Depressed and Anxious ($19.95)
- Depression for Dummies ($21.99)
- Depression Workbook ($19.95)
- Ending the Depression Cycle ($19.95)
- Listening to Depression ($14.95)
- New Hope for People With Bipolar Disorder ($18.95)
- Overcoming Depression ($21.95)
- Overcoming Anxiety for Dummies ($21.99)
- A Secret Sadness ($24.95)
- Surviving Manic Depression ($18.00)
- Understanding Depression ($15.95)
- Women Who Worry Too Much ($14.95)
- The Worry Trap ($16.95)

Understanding Disabilities for Dummies Kit
When presented in the format of a user-friendly “Dummies” book, various disabilities are easy to understand. Each of the following “must have” books addresses a particular disability using the classic “Dummies” approach. Can purchase each separately. SPECIAL: $157.95 for all eight titles.
- ADD and ADHD for Dummies ($19.99)
- Anxiety and Depression Workbook for Dummies ($19.99)
- Bipolar Disorder for Dummies ($19.99)
- Cognitive Behavioural Therapy for Dummies ($19.99)
- Depression for Dummies ($21.99)
- Overcoming Anxiety for Dummies ($21.99)
- Overcoming Anxiety for Dummies ($21.99)
- Understanding Autism for Dummies ($19.99)

You Mean I’m Not Lazy, Stupid, or Crazy? (2nd Edition)
Kate Kelly and Peggy Ramundo
Shows adults with ADHD how to achieve a balance by analyzing their strengths and weaknesses; get along in groups, at work, and in intimate relationships; learn the mechanics and methods of getting organized and improving memory; and seek professional help, including therapy and medication; and much more. 480 pages. 2006. $16.00. SPECIAL: 10% discount on 10+ copies.

The Complete Learning Disabilities Handbook
Joan M. Harwell
Packed with techniques for teaching students with learning disabilities and attention deficit disorders. Includes tools and remediation techniques for all types of learning disabilities, specific interventions, and ways to improve motivation, participation, and self-esteem in even the most reluctant learner. Includes assessment instruments, management ideas, and much more. 376 pages. 2001. $32.95. SPECIAL: 10% discount on 10+ copies.

Teen Self-Help Recovery Workbooks
Each of these popular workbooks provides teens with information they need to overcome a specific problem. A “must have” collection for anyone working with troubled teens. $14.95 each. SPECIAL: $69.95 for all 5 books:
- Anxiety Workbook for Teens (anxiety disorders)
- Social Success Workbook (Asperger Syndrome)
- Stopping the Pain (self-injury)
- What’s Eating You? (eating disorders)
- Beyond the Blues (depression)

Understanding Depression
J. Raymond DePaulo, Jr.
Shows how to find out if what you’re coping with is, in fact, depression. Examines the full range of proven therapies, both mainstream and alternative, that are currently available. This user-friendly handbook is an indispensable resource for anyone who must deal directly or indirectly with the devastating effects of this common, frightening, yet controllable condition. 304 pages. 2003. $15.95. SPECIAL: 10% discount on 10+ copies.

Understanding Teenage Depression
Maureen Empfield and Nick Bakalar
Provides the latest scientific findings on this serious condition, and the most up to date information on its treatment. Includes numerous vignettes drawn from Dr. Empfield’s clinical practice as well as first-person accounts from teenagers who have suffered from depression. 256 pages. 2001. $16.00. SPECIAL: 10% discount on 10+ copies.

DVDs

The Rational Emotive Behavior Therapy Program
Rational Emotive Behavior Therapy (REBT), cornerstone of psychotherapy since the 1950s, is based on the principle that individuals can change their behavior by changing their beliefs. This REBT program helps individuals develop the capacity to identify and choose positive alternatives to negative actions.
- Understanding Anger
- Understanding Anxiety
- Understanding Depression
- Understanding Grief
- Understanding Guilt
- Understanding Self-Esteem
- Understanding Shame
- Understanding Perfectionism

$170.00 each. SPECIALS: Complete set of 8 DVDs for $1,149.00. Nine informative booklets and nine interactive workbooks also available in units of 10: $35.00 for booklets and $25.00 for workbooks. Complete 50-client package of 8 DVDs, 450 booklets, 450 workbooks, 1 clinician’s DVD, and 1 album of 8 CDs for $1,995.00

Mental Wellness Cognitive Behavioral Therapy Series
Eight “Overcoming...” self-help guides use Cognitive Behavioral Therapy (CBT) techniques to treat disorders by changing unhelpful patterns of behavior and thought. Written by leading professionals, each guide addresses a particular mental health issue affecting millions of people. Each book provides practical guidance on how to better manage the issues through explanations and the use of diagnostic questionnaires, case studies, and interactive exercises. Can purchase separately. SPECIAL: $114.95 for complete set of 8 guides.
- Overcoming Anger and Irritability ($14.95)
- Overcoming Grief ($14.95)
- Overcoming Obsessive Compulsive Disorder ($16.95)
- Overcoming Panic and Agoraphobia ($14.95)
- Overcoming Paranoid and Suspicious Thoughts ($14.95)
- Overcoming Social Anxiety and Shyness ($14.95)
- Overcoming Traumatic Stress ($14.95)
- Overcoming Worry ($14.95)

IMPACT PUBLICATIONS orders 800.361.1055 fax 703.335.9486 online ordering www.impactpublications.com
Pamphlets & Flash Cards

Teen and School Success Pamphlet Series

Make sure your resource center includes this outstanding set of 186 attention-getting pamphlets that addresses some of the most important school and life issues facing teens today. Each set includes 50 copies of 6 pamphlets (300 pamphlets) as well as a free deluxe acrylic unit ($49.00 value) for displaying the 6 pamphlets. Can purchase separately: each title of 50 pamphlets for $29.00 or each set of 6 pamphlets for $159.00 (includes free display unit). SPECIAL: $2,995.00 for all 6,300 pamphlets (includes 21 sets of six titles plus 21 display units).

At-Risk Resources Pamphlet Series
- 10 Keys to Success
- Anger and Violent Emotions
- How to Turn “I Can’t” Into “I Can”
- Motivational Tips for Success
- Resisting Pressure to Join Gangs
- Self-Esteem Tips for Success

Bullies Beware! Pamphlet Series
- After School
- At Home
- “I’m Going to Get Help!”
- In the Classroom
- In the Neighborhood
- On the Playing Field

Career Skills Pamphlet Series
- Finding Your First Job
- Job Interview Techniques
- Job Search Skills
- Resume Tips
- You Need More Than a High School Diploma
- Zearing In On A Career That’s Right For You

Character Education Pamphlet Series
- Cheating, Lying, and Dishonesty
- Disrespect, Rudeness, and Teasing
- It’s Time to Learn About Manners
- Making Smart Choices in Life
- Teen Guide to Responsibility
- Teen Guide to Setting and Achieving Goals

College Planning Pamphlet Series
- Choosing the Right College
- Early Admission to College
- Getting into the College of Your Choice
- Surviving the First Year of College
- Visiting a College Campus
- Writing a Successful College Application Essay

Conflict Resolution Pamphlet Series
- 10 Smart Ways to Feel Safe At School
- Coping With Fighters and Bullies
- How to Resolve Classroom Conflicts
- How to Resolve Power Struggles
- How to Stop Being a Victim
- “When It’s Time to See the School Counselor”

Drop-Out Prevention Pamphlet Series
- Failure Is Not an Option
- Good Enough
- How to Go From Goal Setting to Goal Getting
- How to Overcome School Burnout
- How to Take Charge of Your Future
- Keys to Greater Success

Financial Aid Pamphlet Series
- Financial Aid Advice for Parents
- Financial Aid for College
- Financial Aid for Minority Students
- Financial Aid for Student Athletes
- Financial Aid for Students With Disabilities
- Financial Aid for Women Students

Homework & Study Skills Pamphlet Series
- 10 Ways to Improve Your Grades
- How to Conquer Test-Taking Anxiety
- How to Get the Most Out of School
- Lazy Student’s Guide to School Success
- A Positive Attitude Toward Homework
- Teen Guide to Effective Study Skills

Just for Young Women Pamphlet Series
- Assertiveness Skills
- Being the Best You Can Be
- Getting Motivated
- Negotiating Skills
- Setting and Achieving Goals
- Winning in Life

Life Skills Series I Pamphlets
- Assertiveness Skills for Teens
- Decision-Making Skills for Teens
- Making and Keeping Friends
- Negotiating Skills for Teens
- Organizational Skills for Teens
- Teen Guide to Surviving Divorce

Life Skills Series II Pamphlets
- 10 Keys to Feeling Good About Yourself
- Be the Best You Can Be
- How Can I Fit In?
- How to Overcome Procrastination
- Perfectionism and Fear of Failure
- What Do I Do Now?

Multicultural Issues Pamphlet Series
- Adjusting to Classmates From Different Cultures
- Growing Up African American
- Growing Up Native American
- Growing Up Latino American
- Living in a Multicultural World
- Prejudice, Discrimination, and Stereotypes

Self-Esteem & Motivation Pamphlet Series
- 10 Ways to Boost Low Self-Esteem
- 10 Ways to Get Motivated
- 10 Ways to Overcome Laziness
- How to Stop Being an Underachiever
- Teen Guide to Winning in Life
- Turn a Negative Outlook Into a Positive Outlook

Spanish Language Pamphlet Series
- Alegria Cuando Estas Deprimido
- Como Aguantar los Enojos y las Malasentencias
- Diez Buenas Maneras para Animarse
- Drogas, Alcohol, y Tabaco
- Resistiendo la Presion de Hacerse Miembro de una Ganga
- Resolver Conflictos del Aula

Special Needs Pamphlet Series
- Classmates With Special Needs
- How to Succeed in a Mainstream Classroom
- How to Succeed in School With ADD
- Special Teens Guide to Peer Pressure
- Succeed in School When You’re Hyperactive
- Succeed in School With a Learning Disability

Substance Abuse Education I Pamphlet Series
- 10 Smart Ways to Resist Alcohol
- 10 Smart Ways to Resist Drugs
- 10 Smart Ways to Resist Smoking
- Drugs, Alcohol, and Tobacco
- How to Cope With a Substance Abusing Parent
- Refusal Skills for Teens

Substance Abuse Education II Pamphlet Series
- Dangers of Ecstasy and Other Drugs
- Dangers of Inhalants and Hallucinogens
- Dangers of Marijuana
- Dangers of Stimulants and Depressants
- Really High Without Drugs or Alcohol
- When a Friend Has a Drug Problem

Success in School Pamphlet Series
- 10 Helpful Tips for Discouraged Learners
- Being a Good School Citizen
- Getting Along in School
- How to Choose Positive Role Models
- Is There Life After High School?
- When Smart Kids Fail

Talking to Your Teens About... Pamphlet Series
- Drugs and Alcohol
- Making the Right Decisions
- Overcoming Laziness
- Peer Pressure
- Responsibility
- Success in School

Test Preparation Pamphlet Series
- ACT
- Advanced Placement (AP)
- GED
- PSAT
- SAT
- SAT II

Job Search Flash Cards

Make sure your resource center includes these two handy sets of tip cards. Packaged in a plastic case for both easy display and storage, the 3” x 3” cards function as flash cards for quickly dealing with some of the most important career and job issues. A fun and practical way to find the work you love! Can purchase separately: SPECIAL: $42.95 for both sets; 10% discount on 5+ sets.

- Acing the Interview—30 flash cards include answers to the top 20 “killer” interview questions plus strategies for handling illegal and trick questions. A great way to quickly prepare for a job interview ($19.99).
- Uncovering Your Passion—Packed in 2 volumes, these 50 tip cards stress how to develop one’s passion for work. Includes instructions for how individuals, coaches, and job search support groups can use the cards to help themselves or their clients find the work they love ($24.99).

Substance Abuse/Recovery Booklets

This terrific set of booklets, each running from 12-87 pages each, deals with the many issues relating to drug and alcohol abuse. Packaged in units of 10. Can purchase separately: SPECIAL: All 17 booklet sets (170 total units) for $549.95.

- Alcoholism ($25.00)
- Chemical Dependence: Yes You Can Do Something ($29.50)
- Cocaine and Crack ($52.50)
- Denial ($35.00)
- The Dynamics of Addiction ($25.00)
- Grandiosity ($25.00)
- Heroin ($29.50)
- I Can’t Be Addicted Because... ($25.00)
- I Can’t Be an Alcoholic Because... ($25.00)
- King Baby ($25.00)
- Living Sober ($70.00)
- Managing Cocaine Craving ($37.50)
- Overcoming Negative Thinking ($35.00)
- Stinking Thinking ($25.00)
- What Do I Do For Fun? ($29.50)
- When You Go to Work ($32.50)
- Working Through Denial ($37.50)
Ex-Offenders and Addictions

Hazelden Community Corrections Project Workbooks
Written at a fourth-grade reading level and designed around evidence-based treatment modalities, these three workbooks help ex-offenders with recovery and re-entry issues for making it on the outside:

- Client Recovery Workbook
- Client Cognitive Skills Workbook
- Client Life Skills Workbook

112-152 pages each. Can purchase separately in units of 10 ($59.50). SPECIALS: $17.85 for all 3 workbooks; $169.95 for 10 copies of each workbook.

Houses of Healing Program Series
This set of 10 DVDs (each 15-30 minutes in length) is designed to assist in the delivery of the Houses of Healing course. Taped in part on location at a county jail and a state prison in Massachusetts, author and educator Robin Cazarjian presents key concepts from Hour of Healing (page 9) as well as scenes of prisoners working with the Houses of Healing course material. The videos can be used to complement the content of the book (see page 9), supplement a facilitated Houses of Healing program, support other existing programs (substance abuse, anger management, life skills, etc.), train staff, and conduct institution-wide education through closed-circuit TV systems. DVD (also in VHS). $800.00

Life Skills Series for Parolees and Inmates
Three training programs focus on key issues affecting the successful rehabilitation and re-entry of ex-offenders:

Beyond Anger Curriculum ($225.00)
- Beyond Anger DVD ($149.00)
- Facilitator’s Guide ($59.95)
- Worksheets ($29.95)

Abused Boys, Wounded Men ($419.00)
- Abused Boys, Wounded Men 2-DVD Set ($350.00)
- Workbooks (set of 10 – $60.00)
- Facilitator’s Guide ($89.95)

From the Inside Out Complete Curriculum ($595.00)
- Taking Personal Responsibility DVD ($149.00)
- Recognizing Old Behavior Patterns DVD ($149.00)
- Being Trustworthy DVD ($149.00)
- Facilitator’s Guide ($89.95)
- Reproducible Worksheets ($34.95)

Widely used in correctional institutions. Can purchase separately. SPECIAL: $1,175.00 for complete set.

Ex-Offender Employability

Ex-Offender Job Search Kit
Three of America’s leading career experts (Krannich, Krannich, and Enelow) address the most important employability issues facing ex-offenders: attitudes, motivations, goals, research, networking, applications, resumes, letters, interviews, and starting and keeping a job. Rich with examples and exercises. 128 to 272 pages each. Can purchase separately. SPECIAL: $44.95 for all three books.

- Best Resumes and Letters for Ex-Offenders ($19.95)
- Ex-Offender’s Job Hunting Guide ($17.95)
- Ex-Offender’s Quick Job Hunting Guide ($9.95)

Visit www.ExOffenderReEntry.com!

DVDs

From Parole to Payroll: A Process of Persistence
Our most popular ex-offender series is now available in this revised 2008 edition! The three DVDs, each running 25 minutes, contain solid, real-world content designed to help ex-offenders find satisfying work. Features informative interviews, helpful tips, and colorful graphics. English-language subtitled. $99.95 each. SPECIAL: $299.85 for the set and workbook.

- Finding a Job
- The Job Interview
- Resumes and Job Applications

Countdown to Freedom: Ex-Offender Re-Entry and Re-Integration
One of our most popular ex-offender re-entry programs. This six-part DVD series takes offenders step-by-step through the transition process. Includes candid interviews with professionals and ex-offenders on what to expect. Ex-offenders learn what actions they must take, how to prevent relapse and overcome barriers, and much more. Available in either men’s or women’s versions (we automatically ship the men’s version unless specified otherwise). Each program runs 15-25 minutes. 2007. $695.00

Expert Job Search Strategies for the Ex-Offender
Three DVDs assist ex-offenders in preparing for the most critical steps in the job search and career planning processes. They cover everything from putting together a powerful resume and preparing for the job interview to dressing properly and deciding what you want to do with the rest of your life. 2007. $149.00 each. SPECIAL: $399.00 for all three programs.

- Career Planning and Goals
- Resume Realities
- Interview Techniques

Putting the Bars Behind You Survival Guides
Seven engaging and cost-effective books provide practical advice on making a successful transition from prison to the outside world. Take readers step-by-step through the transition process: Ex-Offender’s Quick Job Hunting Guide, Keeping Your Job, Interview Skills Survival Guide for Ex-Offenders, Job Search Survival Guide for Ex-Offenders, Planning for Success, Quick Job Search for Ex-Offenders, and Returning Home Pocket Guide. $59.95 for complete set of 7 books. SPECIALS: 10 sets for $549.95; 100 sets for $5,329.95.

Starting Fresh With a Troubled Background
This three-part job-finding series is ideal for ex-offenders and others with troubled and not-so-hot backgrounds. Each program shows how an ex-offender can overcome the many obstacles in finding a job, from organizing and implementing each step of the job search to writing honest resumes and letters and disclosing a criminal past during interviews. 19 minutes each. 2007. Can pur-
chase separately: $98.00 (VHS) or $108.00 (DVD). SPECIAL: $269.95 (VHS) or $299.95 (DVD) for all three programs.
- Starting Fresh: Finding a Job With a Troubled Background
- Starting Fresh: Resumes and Cover Letters With a Troubled Background
- Starting Fresh: Interviewing With a Troubled Background

Interview Skills Survival Training Program for Ex-Offenders

This training package helps ex-offenders ace the critical job interview. Designed for the non-professional trainer—corrections staff, probation and parole officers, case managers, and others who provide job search counsel and advice to difficult-to-place job seekers. Includes a 20-minute DVD (Ex-Offenders CAN Ace the Interview, facilitator’s guide, 10 copies of the participant workbook/toolkit, overheads, and reproducible pre- and post-assessment handouts (available in facilitator’s guide). Complete package for $299.95. Can purchase the DVD separately for $139.00.

After Prison: How the Ex-Convict Can Find a Place to Live, Get Work, and Stay Straight

Where ex-offenders find housing and jobs as well as emotional strength during the first few months? Inmates answer questions such as: when to begin planning for release, what to tell potential employers, how to handle money, how to overcome the stigma of incarceration, what to do about housing, and what support programs are available. DVD. 31 minutes. $129.00.

Goin’ Home: The Series

Delbert Boone takes a group of offenders through the process of being honest about their life and future. They talk about where their choices have taken them and how to empower themselves to understand what they must do to avoid returning to a life of addiction, crime, and incarceration. Includes engaging visuals and music. 33 minutes each. 2007. Can purchase each program (DVD) separately for $199.00. SPECIAL: $956.95 for complete kit with DVDs.

From the Inside Out

This 12-week curriculum helps ex-offenders build, strengthen, and maintain relationships. Created in partnership with the Michigan Department of Corrections, it’s an equally effective tool in non-corrections settings. Program includes three DVDs ($149.00 each—$359.00 for all three), a 124-page facilitator’s guide ($89.95), and 44 pages of reproducible worksheets ($34.95). Each DVD is divided into four parts and runs 40 to 55 minutes. 1999. Closed-captioned. Can purchase separately. SPECIAL: Complete package for $595.00.

- Taking Personal Responsibility
- Being Trustworthy
- Recognizing Old Behavior Patterns

Living Free

This DVD program addresses the many challenges facing ex-offenders through the eyes of four ex-offenders who share their stories on their first experiences after release. They explain how they overcame barriers, such as transportation and finding employment, and how they dealt with the pressures of society. They also stress the importance of developing positive relationships, the role family plays in their lives, and the many things they’ve done to turn their lives around. 31 minutes. 2006. $129.00

The Re-Entry Trap: Strategies for Successful Re-Entry

Addresses successful strategies for re-entry into the community by focusing on lifestyle changes, and emphasizing the importance of having a strong support system to help avoid the traps of falling back into one’s old lifestyle of alcohol, drugs, and crime. Emphasizes the importance of setting goals and staying focused on such basic needs as food, shelter, clothing, and transportation. 55 minutes. DVD. 2004. $250.00

Putting the Bars Behind You (Revised Edition)

This bestselling program addresses the many challenges facing ex-offenders in finding jobs. Outlines the two most effective job search strategies and explains how ex-offenders can discuss their incarceration with prospective employers. DVD. 24 minutes. 1999. $99.00.

Attitude and Motivation

Secrets to Success: The Change Your Thinking, Attitudes, and Behavior Kit

Here’s the ultimate resource kit for changing behaviors through cognitive restructuring, attitude replacement, motivational training, goal setting, and habit busting approaches. Can purchase separately (see www.impactpublications.com for descriptions of each title). SPECIAL: $956.95 for complete kit with DVDs.

- 7 Habits of Highly Effective People ($15.95)
- The 8th Habit ($15.00)
- 12 Bad Habits That Hold Good People Back ($15.95)
- 100 Ways to Motivate Yourself ($14.99)
- Attitude Is Everything ($14.95)
- Awaken the Giant Within ($16.00)
- Change Your Attitude ($16.99)
- Change Your Thinking, Change Your Life ($19.95)
- Changing for Good ($12.95)
- Cognitive Behavioral Therapy for Dummies ($19.99)
- Create Your Own Future ($18.95)
- Dream It, Do It ($16.95)
- Eat That Frog ($15.95)
- Feeling Good Handbook ($25.00)
- Find Your Purpose, Change Your Life ($13.00)
- Finding Your Own North Star ($14.95)
- Get Out of Your Own Way ($13.95)
- Goals! ($16.95)
- Habit Change Workbook ($19.95)
- Little Gold Book of YES! Attitudes ($19.99)
- Magic of Thinking Big ($14.95)
- Million Dollar Habits ($19.95)
- The One Thing You Need to Know ($29.95)
- Power of Positive Thinking ($14.95)
- Power of Purpose ($16.95)
- The Purpose-Driven Life ($14.99)
- Reinventing Your Life ($15.00)
- Reinventing Yourself ($14.99)
- The Secret ($23.95)
- Simple Steps to Impossible Dreams ($14.00)
- Sex, Drugs, Gambling, and Chocolate ($15.95)
- Shine ($15.95)
- Story of You ($19.99)
- The Success Principles ($16.95)
- Ten Commitments to Your Success ($11.95)
- Wishcraft ($13.95)

DVDs
- Get Motivated! ($69.00)
- A New Attitude ($99.00)
- Down But Not Out ($129.00)
- Motivation and Goal Setting ($99.00)

The Secret

Rhonda Byrne (Editor)

Somewhere between New Age snake oil and old-fashioned positive thinking, this phenomenal bestseller reveals timeless secrets for achieving happiness and success. Focusing on the concept of positive attractions (thoughts create reality), this book may be the magic pill for achieving great wealth, health, and relationships and for achieving what seems impossible. 216 pages. Hardcover. 2007. $23.95

Attitude Is Everything (2nd Edition)

Keith Harrell

This “attitude tune-up” book is filled with powerful concepts and strategies. Includes anecdotes on how to take control of your life. Includes such steps as identifying self-defeating attitudes, reframing bad attitudes, building supportive relationships, and dealing with disappointments. 272 pages. 2005. $14.95. SPECIAL: 10% discount 10+ copies.
The Little Gold Book of YES! Attitude
Jeffrey Gitomer
This book includes a step-by-step game plan for understanding and mastering your attitude. You’ll learn specific things you can do to maintain your intensity, drive, and commitment, discover “attitude gems” that capture the value of thousands of dollars of books and courses, learn how to overcome the most dangerous “attitude busters,” and much more. 208 pages. Hardcover. 2006. $19.99. SPECIAL: 10% discount 10+ copies.

Goals!
Brian Tracy
One of America’s leading transformation thinkers presents a practical strategy for creating and meeting goals. Explains seven key elements of goal setting and the 12 steps to accomplishing goals. Shows how to build self-esteem and confidence, overcome obstacles, and persist in achieving goals. Reveals a “Mental Fitness” program for becoming the person you would like to be. 291 pages. 2004. $16.95. SPECIAL: 10% discount on 10+ copies.

Awaken the Giant Within
Anthony Robbins
America’s leading “positive thinking” and empowerment guru outlines the most effective strategies and techniques for taking immediate control of your mental, emotional, physical, and financial destiny. Reveals fundamental principles of self-mastery that help you discover your true purpose. 544 pages. 1992. $16.00. SPECIAL: 10% discount on 10+ copies.

Power of Positive Thinking
(50th Anniversary Edition)
Norman Vincent Peale
Translated into 15 languages, this phenomenal bestseller remains one of the most influential and inspirational books ever published. Offers a profound method for mastering the problems of everyday living. Shows how to eliminate self doubt, free yourself from worry and stress, visualize solutions to problems, and create a habit of happiness for achieving success. 2003. $14.95. SPECIAL: 10% discount on 10+ copies.

100 Ways to Motivate Yourself (2nd Edition)
Steve Chandler
Change your life by following the 100 techniques outlined in this book for breaking down negative barriers and thoughts that prevent you from fulfilling goals and dreams. Filled with practical advice that helps you turn “what could have been” into “what will be” thinking for achieving success. 224 pages. 2004. $14.99. SPECIAL: 10% discount on 10+ copies.

Change Your Thinking, Change Your Life
Brian Tracy
America’s motivational guru offers 11 powerful principles that will help anyone get on the road to a better, more fulfilling life. Shows how to unlock one’s full potential for achieving success with ideas that can be immediately applied to get positive results. 288 pages. 2005. $19.95. SPECIAL: 10% discount on 10+ copies.

The Success Principles
Jack Canfield
Details 64 timeless principles used by successful people throughout history. Covers everything from changing attitudes and setting goals to developing successful relationships and making more money. 477 pages. 2005. $16.95. SPECIAL: 10% discount on 10+ copies.

7 Habits of Highly Effective People (Revized Edition)
Stephen R. Covey
Discover what millions of others are learning about themselves and the secrets to success with this phenomenal bestseller (15+ million copies sold) that reveals powerful and timeless lessons in personal change. Offers a principle-centered approach to problems. 384 pages. 2005. $15.95. SPECIAL: 10% discount on 10+ copies.

7 Habits of Highly Effective Teens
Sean Covey
Introduces the same principles of The 7 Habits of Highly Effective People to teens but does so in a fun style, including many cartoons, clever ideas, and quotes. Includes wonderful stories about teens who have overcome obstacles as well as offers action plans. Helps teens improve their self-image, build friendships, resist peer pressure, achieve goals, get along with parents, and more. 266 pages. 1998. $14.95. SPECIAL: 10% discount on 10+ copies.

Posters and Wall Charts

Character, Attitude, and Motivation Poster Kit
This collection of poster sets pulls together the entire list of character, attitude, and motivation posters that we currently offer. These sets are all annotated at www.impactpublications.com and are available separately.

SPECIALS: $1,179.00 for all 17 sets of unframed posters; $4,395.00 for 12 framed(*) poster sets

- Building Character*  - The Essentials*
- Building Self-Esteem  - Images of Excellence I
- Character Education*  - It’s All About Character*
- Character First*  - It’s Your World. Make Your Mark*
- Character Motivation: Hard Work  - Mind, Body and Spirit*
- Dream Dare Do!*  - Motivational Images*
- It’s All About Character*  - Motivational Messages*
- Work Hard  - Motivational Posters
- Be Creative  - Motivation for Success
- Be Courageous  - Positive Thinking*
- Be True to Yourself  - Self-Esteem*
- Be a True Friend  - It’s All About Character*

Motivational Images
This set of 10 beautifully photographed 18 x 24” laminated posters, with quotes from famous people (“If opportunity doesn’t knock, build a door,” Milton Berle), communicates the major concepts that contribute to motivation and success.

$89.95 (unframed) or $449.95 (framed)

- Initiative  - Work Hard
- Confidence  - Be Creative
- Success  - Be Courageous
- Optimism  - Be True to Yourself
- Luck  - Be a True Friend
- Diversity  - Follow Your Dreams
- Originality  - Lend a Hand
- Imagination  - Watch Your Character
- Opportunity  - Do Your Best
- Learning  - Make Your Own Way

It’s All About Character
Set of 10 upbeat and inspiring laminated 18” x 24” posters presenting the essential elements of good character. Includes such quotes as “Nothing worth gaining was ever gained without effort.” — Theodore Roosevelt.

$89.95 (unframed) or $449.95 (framed)
Self Esteem
These posters deliver straightforward and positive messages that encourage young people to feel good about themselves. They feature important topics such as character, individuality, positive self-image, pride, dealing with failure, and having confidence. Six 18” x 24” posters. $59.95 (unframed) or $269.95 (framed)

- Take Pride
- Failure
- Character All Our Own
- Define Yourself
- Be Who You Are
- Self-Image

Communication Skills
This set of five posters features helpful advice on building effective communication skills at school, on the job, and in personal relationships. $49.95 (unframed) or $224.95 (framed)

- Barriers to Communication
- Listening
- Non-Verbal Communication
- Verbal Communication
- Written Words

Career and Job Search Skills
Career and Job Search Skills Poster Kit
This collection of poster sets pulls together the entire list of career planning and success posters that we currently offer. These sets are all annotated below and are available separately. SPECIAL: $1,099.00 for all 19 unframed poster sets; $1,595.00 for 6 framed (*) poster sets

- Basic Job Search Skills
- Basic Work Skills
- Basic Workplace Etiquette
- Business Management Posters
- Cambridge Career Guidance
- Career Guidance*
- Career Pathways*
- Career Planning
- Everybody Is Somebody*
- Internet Resumes
- Interview Tips and Etiquette
- Job Search Pointers*
- Job Search
- Job Search Tools*
- Job Search With a Spotted Past
- Job Success Posters
- Jobs Without College
- Motivational Job Search*
- Resume Poster Series*

Job Search Tools
This set of five posters covers job search basics. Each poster is laminated and 17” x 22”, fully illustrated with easy-to-follow bulleted points and highlighted examples. $49.95 (unframed) or $224.95 (framed)

- Cover Letters
- Resumes
- Job Application
- Interviews
- Thank You Letters and Notes

Basic Work Skills
Assists individuals in preparing for the workplace by emphasizing key work skills. Five laminated 17” x 22” posters. $59.95 (unframed only)

- Get Along With Co-Workers!
- Know Your Job Description!
- Send a Positive Message!
- Start the Day Right!
- Write It Once and Check It Twice!

Interview Tips and Etiquette
These five colorful posters stress the importance of the job interview for getting the job offer. $59.95 (unframed only)

- Get In the Know Before the Show: Research!
- If This Job’s for You, Show It!
- Take the Time to Be On Time
- You Get One Chance to Make a First Impression
- Your First Interview Should Always Be With Yourself: Practice!

Basic Workplace Etiquette
Topics include: remember the basics (be polite and respectful); basics of introductions; language do’s and don’ts; basic conduct in the workplace; and using the phone, fax, and email. Five 17” x 22” laminated posters. $59.95 (unframed only)

- Remember the Basics
- Introductions
- Language
- Manners
- Etiquette & Technology

Job Search With a Spotted Past
This new five-poster set (17” x 22”) is designed for people with not-so-hot backgrounds. The posters focus on the need to change particular attitudes or behaviors. $59.95 (unframed only)

- Improve Your Track Record
- Get Help
- Be Truthful
- Focus on the Positive
- Don’t Play the Blame Game

Drug & Alcohol Prevention
Substance Abuse
This series takes a powerful approach to the tough realities surrounding substance abuse. Six 18” x 24” posters. $59.95 (unframed) or $269.95 (framed)

- Ecstasy
- Crack
- Devoted Drug User
- Your Brain
- County Jail
- Rushin’ Roulette

Health Issues Posters With Reproducible Handouts
This set of 15 17” x 22” laminated posters comes complete with a set of reproducible handouts. Covers major health and addiction issues affecting millions of people each day. $269.00

- AIDS
- Alcohol Abuse
- Cancer
- Colds and Flu
- Diabetes
- Eating Disorders
- Heart Disease
- Hepatitis
- Home Accidents
- Obesity
- STDs
- Stroke
- Suicide
- Teen Driving
- Tobacco

Drinking and Driving
Hard-hitting and tough, this poster series shows the stark consequences associated with drinking and driving. Five laminated 18” x 24” posters. $49.95 (unframed) or $224.95 (framed)

- New Locker
- Nightmares
- Going Out In Style
- At the Bars
- It’s Too Late

24 IMPACT PUBLICATIONS orders 800.361.1055 fax 703.335.9486 online ordering www.impactpublications.com
Educational Board Games

The Ultimate High School/Adult Educational Board Game Kit

Games and simulations have significant advantages over other instructional methods. They are particularly useful for teaching many subject areas that are very difficult to convey using other teaching techniques. These Monopoly-style games are very effective in getting and holding the player’s attention, teaching empathy, and building social skills, as they can be played by multiple groups at a time (ideal for up to four teams with two players each). They are also especially helpful for people with special needs. Each game includes a teacher’s booklet for post-game discussion, and separate rules for different grade levels. Spinners available for $3.00 each. Most games can be purchased separately for $49.95 each (Career Odyssey and Equipped for Life, $54.95 each).

SPECIAL: $799.95 for the entire set of 17 games.

- Block the Bully Cycle
- Career Odyssey
- Common Ground
- Cyber-Safe
- Equipped for Life
- Ethics on the Job
- Financial IQ
- From Rage to Reason
- Interview Challenge
- Join My Team
- Keys to Job Success
- Overcoming Employment Barriers
- Politics as Usual
- Putting Words to Work
- You Can’t Fire the Customer
- You’re Hired!
- You’re the Boss

Career Odyssey®

Career Odyssey® helps students explore careers that may be good matches for their talents and interests. Students develop insight into their own talents and interests and then try to match them to careers. Players fill out a brief “Talents and Interests” card that asks them to select two talents out of six that are most descriptive of themselves. The talents are based on Howard Gardner’s theory of multiple intelligences, but the names are simplified. Players also specify work preferences, such as working alone or with others. $54.95

Financial I.Q.

Teaches financial responsibility and literacy. Players learn everything from the differences between credit cards and debit cards to the role of collateral. Strong emphasis on learning to be prudent and sensible about investing, taking on debt, expenses, etc. $49.95

Ethics on the Job

Players learn standards for ethical behavior and how to distinguish between ethical and unethical behavior. Ethical situations covered include relations with employers, co-workers, customers, and suppliers. Demonstrates how unethical behavior can hurt other employees, the company, and themselves. $49.95

Overcoming Employment Barriers

Overcoming Employment Barriers™ gives job seekers the skills they need to overcome barriers to getting a good job. A wide range of barriers are covered in the game, including prison record, lack of skills, language fluency, homelessness, addiction, former addiction, physical disability, inappropriate appearance, bad references, and others. $49.95

From Rage to Reason

Teaches important concepts and practical skills for controlling anger and avoiding violence. Players earn play money by giving Randy good advice on how to deal with frustrating and anger-provoking situations throughout his day, both on the job and in his personal life. Randy is rejected by a friend, taken advantage of by a co-worker, and suffers through other anger-provoking situations typical of teenagers and young adults. $49.95

Interview Challenge

Interview Challenge® teaches important job interviewing skills. In the game, players compete to give Paula, a job applicant, advice on how to succeed in her interview. While playing, players learn eight vital skills for successful interviewing, as well as seven major types of questions and how to answer them. The game contains many excellent answers to typical interview questions that students can use as models for their own answers. $49.95

Join My Team

Join My Team® conveys important concepts about working in teams and in other group situations. Players have fun learning the positive actions and pitfalls that lead to work team success or disaster. $49.95

Keys to Job Success

Keys to Job Success® gives players knowledge that they need to succeed on the job. The game focuses on both good and bad habits in the workplace, as well as helps players develop skills that will help them succeed in the working world. $49.95

Equipped for Life

This game gives youth important decision-making skills to help them think and act responsibly. Includes over 100 situation cards for each of two levels, grades 5-8 and grades 9-young adult. Covers daily living, education, relationships, school, community, substance abuse, employment, and after school activities. Users identify thinking errors. $54.95

You’re the Boss

You’re the Boss helps builds skills, and assists teens or adults in evaluating their attitudes and behaviors at school, community, substance abuse, employment, and after school activities. Users identify thinking errors. $54.95

Bingo Games

Life Skills Bingo Games

This set of high-interest games in bingo format facilitates discussions, helps build skills, and assists teens or adults in evaluating their attitudes and behaviors on a variety of important life skills and behavioral issues. Each game includes laminated bingo cards, calling cards, and reproducible handouts. $39.95 each. Available in teen or adult versions (please specify when ordering). SPECIAL: $529.95 for all 14 bingo games.

- Alcohol Prevention Bingo
- Anger Bingo
- Bully Prevention Bingo
- Communication Skills Bingo
- Conflict Resolution Bingo
- Drug Prevention Bingo
- Harassment Prevention Bingo
- Healthy Habits Bingo
- Healthy Relationships Bingo
- Recovery Bingo
- Self-Esteem Bingo
- Smoking Prevention Bingo
- Social Skills Bingo
- Stress Bingo

Impact Publications

orders 800.361.1055  fax 703.335.9486  online ordering www.impactpublications.com

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Quick Literacy Improvement Kit
This outstanding kit of 14 practical books helps individuals develop critical reasoning, vocabulary, spelling, reading, math, writing, and visual skills that are so important for success in work and life. Ideal for classroom instruction or for individual use. SPECIALS: $207.95 for the complete kit; 10% discount on 10+ copies of each title.

- S01 Challenging Logic and Reasoning Problems ($14.95)
- S01 Grammar and Writing Questions ($14.95)
- S01 Reading Comprehension Questions ($14.95)
- 1001 Math Problems ($16.95)
- Grammar Essentials ($16.95)
- Math Essentials ($14.95)
- Practical Math Success ($16.00)
- Practical Spelling ($13.95)
- Practical Vocabulary ($13.95)
- Reading Comprehension Success ($16.00)
- Reasoning Skills Success ($16.00)
- Research and Writing Skills Success ($16.00)
- Vocabulary and Spelling Success ($16.00)
- Writing Skills Success ($16.00)

Skill Builders for Spanish Speakers
Con instrucciones en espanol
These five essential skill building books are now available in Spanish. Each book provides essential information and tips on how to best develop key skills for success in today’s educational and work worlds. $16.00 each. SPECIAL: $77.95 for all five books.

- Practical Math Success
- Reading Comprehension Success
- Reasoning Skills Success
- Vocabulary and Spelling Success
- Writing Skills Success

The Pre-GED and GED Success Kit
Each year over 800,000 people take the General Education Development test (GED). This unique kit pulls together for the first time the key resources for preparing students to succeed on the GED. Each book comes with practice questions, subject reviews, test-taking strategies, model tests, and much more. A “must-have” kit for every library and program that serves this special upwardly mobile population. Available in today’s educational and work worlds. $77.95 for all five books. SPECIAL: $299.95 for the complete set; 10% discount on 5+ sets.

- Barron’s GED ($18.99)
- Creaking the GED ($23.00)
- GED for Dummies ($16.99)
- GED Language Arts, Reading ($17.95)
- GED Language Arts, Writing ($17.95)
- GED Mathematics ($17.95)
- GED Science ($12.95)
- GED Social Studies ($12.95)
- Kaplan GED ($23.00)
- Master the GED ($18.95)
- McGraw-Hill’s GED (with CD-ROM) ($29.95)
- PreGED: Critical Thinking Skills ($20.80)
- PreGED: Language Arts, Reading ($20.80)
- PreGED: Language Arts, Writing ($20.80)
- PreGED: Mathematics ($20.80)
- PreGED: Science ($20.80)
- PreGED: Social Studies ($20.80)

Teaching Learning Strategies and Study Skills to Students With Learning Disabilities, Attention Deficit Disorders, or Special Needs
Stephen S. Strichart and Charles T. Mangrum
Teaching students with special needs to use study skills and strategies effectively is an important step in transforming these students into independent learners. Features 169 reproducible activities, which provide opportunities for active learning and student practice in the study skills and strategies most important for students with special needs. 236 pages. 2001. $37.99

The Complete GED and Pre-GED Series
These enhanced, and interactive DVDs prepare students for today’s tough GED exams. Each of the five subjects is divided into two levels—Pre-GED (for basic skills) and GED (for test preparation). The Pre-GED series is an essential prerequisite to the GED series. From writing a winning essay to interpreting business documents to solving quadratic equations to using your calculators, this program helps students master all the skills need to pass the GED! Includes 11 programs on 25 DVDs as well as free downloadable study guides. 43+ hours. Can purchase separately. SPECIAL: $889.45 for complete series of 11 programs.

- Pre-GED Series ($79.95 each)
  SPECIAL: $379.95 for all 5 programs.
  - Pre-GED Language Arts, Reading
  - Pre-GED Language Arts, Writing
  - Pre-GED Mathematics
  - Pre-GED Science
  - Pre-GED Social Studies

- GED Series ($89.95 each)
  SPECIAL: $519.95 for all 6 programs.
  - GED Calculator Essentials
  - GED Language Arts, Reading
  - GED Language Arts, Writing
  - GED Mathematics
  - GED Science
  - GED Social Studies

Steck-Vaughn Complete PreGED Preparation
Based on thousands of actual GED test-result patterns, these seven pre-GED test prep books represent the best of the best in pre-GED preparation. Special features include: emphasis on skills necessary for GED success; periodic progress reports that encourage learners to take charge; bound-in answers and explanations for independent study; content reflecting GED emphasis on graphic literacy; connects learning with life experiences in workplace and community; pre-tests benchmark learners’ proficiency; and post-tests show mastery. Titles in this series include:

- Steck-Vaughn PreGED: Critical Thinking Skills ($20.80)
- PreGED: Language Arts, Reading ($20.80)
- PreGED: Language Arts, Writing ($20.80)
- PreGED: Mathematics ($20.80)
- PreGED: Science ($20.80)
- PreGED: Social Studies ($20.80)
- PreGED: Instructor’s Resource Guide ($46.67)

Can purchase separately. We ship the most recent edition(s). SPECIAL: $164.95 for the complete set.

26 IMPACT PUBLICATIONS orders 800.361.1055 fax 703.335.9486 online ordering www.impactpublications.com
Surviving & Prospering in the New Recession Kit

Today’s new recession has created one of the toughest job markets in memory. It requires new attitudes and thinking about one’s future as well as a great deal of preparation for a tight and volatile employment arena. Unlike previous recessions, this one will result in millions of lost jobs and extensive economic dislocations. The following resources represent some of the best thinking and strategies for surviving and prospering in today’s recessionary economy: Focusing on attitudes, motivations, best jobs, and survival strategies, this is one of the most powerful resource collections for dealing with tough times. SPECIAL: $1,779.00 for the complete kit of 57 books and 9 DVDs.

Books
- 7 Habits of Highly Effective People ($15.95)
- 95 Mistakes Job Seekers Make...and How to Avoid Them ($13.95)
- 100 Fastest Growing Careers ($17.95)
- 100 Ways to Motivate Yourself ($14.99)
- 101 Ways to Recession-Proof Your Career ($14.95)
- 150 Best Recession-Proof Jobs ($16.95)
- America's Top Jobs for People Re-Entering the Workforce ($19.95)
- Attitude Is Everything ($14.95)
- Awaken the Giant Within ($16.00)
- Baby Boomers’ Guide to the New Workplace ($14.95)
- Best Answers to 202 Job Interview Questions ($17.95)
- Best Jobs for Ex-Officers ($9.95)
- Best Keywords for Resumes, Cover Letters, and Interviews ($17.95)
- The Blue-Collar Resume and Job Hunting Guide ($15.95)
- Career Comeback ($19.00)
- Change Your Job, Change Your Life ($21.95)
- Change Your Thinking, Change Your Life ($19.95)
- Claiming Your Place at the Fire ($16.95)
- Dream It, Do It ($16.95)
- The Ex-Offender’s Job Hunting Guide ($17.95)
- Fix, Lay-Off, or Forced Out! ($14.95)
- Give Me More Money! ($17.95)
- Go Put Your Strengths to Work ($30.00)
- Goals! ($16.95)
- Guerrilla Marketing for Job Hunters ($19.95)
- High Impact Resumes and Letters ($19.95)
- How to Be the Employee Your Company Can’t Live Without ($14.95)
- How to Get a Job and Keep It ($16.95)
- I Can’t Believe They Asked Me That! ($17.95)
- I Want to Do Something Else, But I’m Not Sure What It Is ($15.95)
- Job Hunting Online ($12.95)
- Job Hunting Tips for People With Hot and Not-So-Hot Backgrounds ($17.95)
- Job Interview Tips for People With Not-So-Hot Backgrounds ($14.95)
- Job Survival ($11.95)
- KeyWords to Nail Your Job Interview ($17.95)
- The Last Lecture ($21.95)
- The Little Gold Book of YES! Attitude ($19.99)
- Military Transition to Civilian Success ($21.95)
- Nail the Job Interview! ($14.96)
- No One Will Hire Me! ($15.95)
- Outlook: The Story of Success ($27.99)
- Overcoming Barriers to Employment ($17.95)
- The Power of Failure ($14.95)
- The Power of Positive Thinking ($14.95)
- The Power of Purpose ($16.95)
- Quick Prep Careers ($18.95)
- Rebound Rules: The Art of Success 2.0 ($25.95)
- Reinventing Yourself ($14.99)
- Resume, Application, and Letter Tips for People With Hot and Not-So-Hot Backgrounds ($17.95)
- The Secret ($23.95)
- StrengthsFinder 2.0 ($21.95)

DVs
- From Pink Slip to Paycheck DVD Series ($129.00)
- Getting Motivated with Toby Malichi ($69.00)
- From Pink Slip to Paycheck DVD Series ($57 DVDs – $499.00)
- Job Survival: Keeping and Advancing Your Job ($108.00)
- You’re Fired! ($149.00)

Special Value Kits

Complete Career and Tech Library — 100 DVDs!

Are you looking for a comprehensive and up-to-date video library that covers all the major tech careers and jobs? Finally, this outstanding series of 100 full-length educational programs covers five key subject areas:

- Careers: Career Clusters, resume-writing, approaches to online job hunting, interviewing techniques, and more ($1,699.00)
- Automotive and Transportation Technology: Car care, automotive repair techniques, auto shop safety, and more ($1,689.00)
- Construction and Building Trades: Site preparation, framing methods, plumbing and electrical techniques, and more ($1,649.00)
- Woodworking: Cutting methods, wood-shaping and joining, finishing techniques, and more ($1,369.00)
- Electronics and Electrical Engineering: Electrical principles, electrical and electronic components, wiring methods, and more ($1,859.00)

Recommended for high school, technical or vocational school, and training programs. For a complete list of all 100 videos, visit www.impactpublications.com. 2006. Price includes public performance rights. Approx. 21 minutes each (35 Hours of total running time). SPECIAL: $8,399.00 for complete library of 100 DVDs.

From Pink Slip to Paycheck Series

This series of five videos was made specifically for adult career changers, especially those who have been downsized. Subtitled. 2006. Can purchase separately at $129.00 per DVD. $549.00 for the set.

- Dealing With Job Loss
- Creating a Job Search Plan
- Building the Right Resume and Cover Letter
- Interviewing—Your Key to Employment
- Networking Your Way to a New Job

Workforce Job Finding & Success Video Kit

Here’s the ultimate video kit for Workforce Development and career planning/job search programs. Seventeen programs, each running 20-30 minutes in length, focus on the keys to finding and keeping a job. Individual programs examine attitudes, motivations, assessment, dress, image, job search strategies, applications, resumes, cover letters, networking, interviews, salary negotiations, and on-the-job success. Can purchase separately. SPECIAL: $1,895.00 for complete set of 17 DVDs.

JOB SEARCH SUCCESS

- Career Exploration and Planning ($108.00)
- Foolproof Ways to Find a Job ($108.00)
- Very Quick Job Search ($149.00)

ATTITUDES, MOTIVATION, AND ASSESSMENT

- Career Assessment: Finding a Career That Fits ($108.00)
- Down But Not Out! ($129.00)
- Looking For Work With Attitude Plus ($99.00)

DRESS AND IMAGE

- Make a Good First Impression ($129.00)
- Tips and Techniques to Improve Your Total Image ($108.00)

RESUMES, LETTERS, AND APPLICATIONS

- Complete Job Application: Filling in the Blanks ($99.00)
- Quick Resume and Cover Letter ($149.00)
- Resumes, Cover Letters, and Portfolios ($108.00)

NETWORKING, INTERVIEWING, AND SALARY NEGOTIATIONS

- Networking Your Way to a New Job ($129.00)
- Quick Interview and Salary Negotiation ($149.00)
- What’s in a Job Interview? Job Interview Tips & Techniques ($108.00)

JOB SURVIVAL AND SUCCESS

- Get Ahead in Your Job ($129.00)
- Job Survival: Keeping and Advancing in Your Job ($108.00)
- You’re Fired! 10 Quickest Ways to Lose Your Job and How to Avoid Them ($149.00)
Ultimate High School To College Kit

Preparing for college involves a lot more than just surveying college campuses. In today’s highly competitive education market, students need to test well and finance the very best education they can afford. Here’s the best high school-to-college kit that pulls it all together. Can purchase separately. SPECIAL: $719.95 for all 21 books!

TESTING SMARTS
- ACT for Dummies ($16.99)
- Barron’s ACT With CD-ROM ($29.99)
- Kaplan SAT Premier Program, with CD-ROM ($35.00)
- The Procrastinator’s Guide to the ACT ($16.00)
- The Real ACT Prep Guide ($24.95)
- SAT For Dummies ($16.99)

SELECTING THE RIGHT COLLEGE
- Barron’s Profiles of American Colleges ($28.99)
- Best 368 Colleges ($21.95)
- College Handbook with CD-ROM ($29.95)
- Complete Book of Colleges ($26.95)
- Great Colleges ($21.95)
- Fiske Guide to Colleges ($22.95)
- K & W Guide to Colleges for Students With Learning Disabilities ($29.95)
- Peterson’s Four-Year Colleges ($32.00)
- Peterson’s Two-Year Colleges ($27.00)

FINANCING COLLEGE
- College Money Handbook ($32.00)
- How to Go to College Almost for Free ($22.00)
- Kaplan Scholarships ($27.00)
- Paying for College Without Going Broke ($20.00)
- Scholarship Handbook ($27.95)
- Scholarships, Fellowships, and Loans ($285.00)

Attitudes & Motivations

Developing New Attitudes and Motivations Series
Success is often a function of changing one’s attitudes, motivations, and habits. These four inspirational videos stress the importance of acquiring new attitudes and motivations that can change one’s life. Includes numerous examples of how individuals were able to transform their lives through a few simple attitude changes. Can purchase separately. SPECIAL: $369.00 for all four DVDs.

- A New Attitude ($99.00)
- Get Motivated! ($69.00)
- Motivation and Goal Setting ($99.00)
- Down But Not Out ($129.00)

Job Search Success

Top 13 Career DVDs
Do you have DVD capabilities but few career DVDs to show? The following DVDs represent some of the best programs for communicating key principles for conducting an effective job search. Descriptions can be found at www.impactpublications.com. Most programs run 18-30 minutes and include an Instructor’s Guide. Can purchase separately. SPECIALS: $1,359.95 for all 13 DVDs.

Attitudes, Motivations, and Goals
- Down But Not Out ($129.00)
- Looking for Work With Attitude Plus ($99.00)
- Goal Away ($108.00)
- Ten Steps to Positive Self-Esteem ($108.00)

Abilities and Skills
- Making the Most of Your Abilities ($99.00)
- Skills You Need to Get the Job You Want ($108.00)
- Soft Skills in the Workplace ($149.00)

Dress and Image
- Dressing for Success ($99.00)
- Grooming, Dressing, and Body Language ($108.00)

Interviews and Communications
- Extraordinary Answers to Common Interview Questions ($89.95)
- Make a Good First Impression ($129.00)

Resumes and Applications
- The Complete Job Application ($99.00)
- Resumes, Cover Letters, and Portfolios ($108.00)

Complete Job Search System
This comprehensive, concise, five-part job search DVD series is ideal for helping job seekers select a career and get a job. These entertaining programs are loaded with solid content, informative interviews, helpful tips, and colorful graphics. Suitable for high school and older. 10-14 minutes each. English-language subtitled. 2007. $89.95 each. SPECIAL: $429.00 for complete 5-DVD program.

- The Right Job for Your Personality
- Finding a Job
- Succeeding on the Job
- Career Evaluation
- Interviewing for a Job

Career Advantage: Strategies for Success
This 26-part series guides students through the three phases of career development – Self-Knowledge and Exploration, Career and Educational Exploration, and Career Planning and Implementation. Students create a step-by-step work search strategy based on personal background, life goals, and current and potential skills as well as observe a variety of people in the workforce who describe their experiences, decisions, and ambitions. Commentary from What Color is Your Parachute author Richard Nelson Bolles and other experts, as well as an information-packed 128-page teacher’s guide available with the complete series, top off this powerful 39 New DVDs for 2005-2008!

We’re pleased to announce 39 new DVD programs for 2005-2008. Each program runs 20 to 30 minutes and deals with one or more aspects of career planning, job search, and character building. Can purchase separately. SPECIAL: $4,374.95

- Apartment Rental ($108.00)
- Building the Right Resume and Cover Letter ($129.00)
- Career Assessment ($108.00)
- Creating a Job Search Plan ($129.00)
- Dealing With Job Loss ($129.00)
- Exploring Career Clusters and Paths ($99.00)
- First Impressions ($99.95)
- Get Ahead in Your Job ($129.00)
- Getting On Your Job ($129.00)
- Get Ready in Your Job ($129.00)
- Getting a Job Using Nontraditional Methods ($129.00)
- Getting a Job Using Traditional Methods ($129.00)
- Getting a Positive Response in Each of the Seven Interview Phases ($129.00)
- Getting and Using Your Resume, Cover Letter, JIST Card, and Portfolio ($129.00)
- Getting Good Answers to Tough Interview Questions ($129.00)
- Getting Job Leads From the Internet and Telephone ($129.00)
- Getting to Keep the Job You Find ($129.00)
- Getting to Know What an Employer Wants ($129.00)
- Getting to Use Your Skills in Your Ideal Career ($129.00)
- Great Careers in 2 Years or Less ($108.00)
- Hire Education: 10 Ways to Find a Great Job ($108.00)
- How Do You Put It On Paper? ($108.00)
- Interview to Win Your First Job ($99.00)
- Interviewing: Your Key to Employment ($129.00)
- Introduction to Getting the Job You Really Want ($129.00)
- Job Interview Tips and Techniques ($108.00)
- Job Survival ($108.00)
- Landing a Job in the Trades ($79.95)
- Leadership for the New Millennium and Beyond ($149.00)
- Living Free ($129.00)
- Making the Most of Your Abilities ($99.00)
- Networking Your Way to a New Job ($129.00)
- Planning and Evaluating Your Career ($108.00)
- Soft Skills in the Workplace ($149.00)
- Temporary Agencies ($108.00)
- The Very Quick Job Search ($149.00)
- Where Are the Jobs? ($108.00)
- Where Do I Go From Here? ($108.00)
- You’re Fired ($149.00)

Descriptions of each found at www.impactpublications.com

Pricing and Ordering Information
- Discount for quantity orders
- Canada and international orders shipped at cost
- All prices are subject to change
- Fax orders must be accompanied by a purchase order
- Online ordering www.impactpublications.com

orders 800.361.1055 fax 703.335.9486

IMPACT PUBLICATIONS
set of tools for navigating a challenging future. Includes teacher's guide. Closed-captioned. 2004. $49.95 each. SPECIAL: $1,269.00 for the set of 26 DVDs.

- Introduction to Career Advantage
- Where Are You Now?
- Self-Knowledge and Beliefs
- Career and Life Values
- Personality and Interests
- Knowledge, Skills, and Abilities
- Keeping Track of Self-Knowledge and Exploration
- Introduction to Career and Educational Exploration
- The Changing Workplace: Technology and Globalization
- What Employers Want: Skills and Attitudes
- What's Out There: How the World of Work is Organized
- Generating Career Options
- Researching Career Options: New Technologies and Current Techniques
- Informational Interviewing and Networking
- Evaluating Career Options
- Overcoming Barriers to Employment
- Lifelong Learning
- Introduction to Career Planning and Implementation
- Decision-Making Strategies
- Goal-Setting and Action-Planning
- Finding Opportunities: New Technologies and Current Techniques
- Staying on Track in Your Work Search
- Resume Preparation
- Interviewing Strategies
- Interview Follow-up
- Career Advantage: Series Conclusion

Getting the Job You Really Want
This DVD series covers all aspects of getting a job, from skills and research to resumes, getting job leads, and interviewing. Includes interviews with job trainers and author Mike Farr as well as segments involving employers and job seekers. 15-23 minutes each. Subtitled. Can purchase separately: $129.00 each. SPECIAL: $895.00 for complete series of 10 programs.

- An Introduction to Getting the Job You Really Want
- Getting to Know What an Employer Wants
- Getting to Use Skills in Your Ideal Career
- Getting and Using Your Resume, Cover Letter, JIST Card, and Portfolio
- Getting a Job Using Traditional Methods
- Getting a Job Using Nontraditional Methods
- Getting Job Leads From the Internet and Telephone
- Getting a Positive Response in Each of the Seven Interview Phases
- Getting Good Answers to Tough Interview Questions
- Getting to Keep the Job You Find

Job Search Skills DVD Series
The key ingredients to finding a successful job are preparation, determination, and attitude. This award-winning series helps viewers polish these skills by developing their own resume, filling out job applications, learning ways to show proper attitudes and communication skills, and practicing interviewing. 2000. Each DVD runs 15-20 minutes. $109.00 each. SPECIAL: $950.00 for all 9 DVD programs.

- Before Tomorrow Becomes Today
- Completing Successful Job Applications
- Find the Job World
- Good Appearance in the Interview
- Interviews That Win Jobs
- Positive Attitudes: Success in Getting a Job
- Skills for Verbal and Non-Verbal Communication
- Writing Your Way Up the Job Ladder
- Your Resume: A Key to Opening Employment Doors

Success in the Job World Series
An award-winning series on the skills needed to keep and succeed on the job. Learn about good appearance on the job, attendance, the importance of a good attitude, how to follow directions, and money management to achieve the lifestyle desired. 2000. Each DVD runs 15-20 minutes. $109.00 each. SPECIAL: $850.00 for all 8 DVDs.

- Attendance: An Employer’s Expectation
- Follow My Directions
- Good Appearance on the Job
- Job World Literacy
- Phonework: On the Job
- Positive Attitudes: Success in Keeping a Job
- Your Money Matters
- Your Job: Now It’s Up to You

Building Character
Character in Action Video Series
This six-DVD series asks everyone to take a good look in the mirror and address this question: What are the traits that define you as a person? In interviews and discussions filmed on location in schools, students share their thoughts on what it takes to be a trustworthy, respectful, responsible, caring, and fair person in today’s society. They talk about challenges they face in real-life situations, and why it is sometimes difficult to make good choices. Educators and counselors add their thoughts on how good character and thoughtful choices can contribute to a happier and healthier life. 2004. $69.95 each. SPECIAL: $370.00 for all 6.

- Responsibility
- Respect
- Trustworthiness
- Caring
- Citizenship
- Fairness

Special Book and DVD Kits
Overcoming Barriers to Employment Kit
Many job seekers face numerous barriers to employment—lack of education, little direct work experience, disabilities, attitudes, bad habits, few job search skills, red flags in their backgrounds, and limited understanding of employers and the job market. This unique set of books, DVDs, and related materials addresses some of the most important barriers to employment and how to overcome them. Can purchase separately. SPECIAL: $699.95 for all 23 resources.

BOOKS
- 7 Habits of Highly Efficient People ($15.95)
- The 8th Habit ($15.00)
- 10 Dumbest Mistakes Smart People Make ($13.95)
- 12 Bad Habits That Hold Good People Back ($15.95)
- 95 Mistakes Job Seekers Make ($13.95)
- Attitude Is Everything ($14.95)
- Awaken the Giant Within ($16.00)
- Ex-Offender’s Job Hunting Guide ($17.95)
- I Want to Do Something Else, But I’m Not Sure What It Is ($15.95)
- The Job Hunting Handbook ($6.99)
- Job Hunting Tips for People With Not-So-Hot Backgrounds ($17.95)
- Job Interview Tips for People With Not-So-Hot Backgrounds ($14.95)
- Job Search Handbook for People With Disabilities ($17.95)
- Job Smarts and Survival Workbooks and Instructor’s Manuals ($69.95)
- No One Is Unemployable ($29.95)
- No One Will Hire Me! ($15.95)
- Now, Discover Your Strengths ($30.00)
- Overcoming Barriers to Employment ($17.95)
- What Should I Do With My Life? ($14.95)

DVDs, CD-ROM, AND INSTRUMENT
- Barriers to Employment Success Inventory ($45.95 for package of 25)
- Dawn But Not Out ($129.00)
- Interview Mastery 2.0 ($69.95)
- Ten Steps to Positive Self-Esteem ($108.00)

Start Your Own Business Kit
Who says you can’t become a successful entrepreneur? This unique kit includes the very best resources for jump-starting your career as an independent entrepreneur. Can purchase separately. SPECIAL: $279.95 for complete set of 14 books.

- 101 Small Business Ideas for Under $5,000 ($19.95)
- The $100,000+ Entrepreneur ($19.95)
Ex-Offender’s Job Finding and Re-Entry Kit

Help ex-offenders make successful transitions to the free world with this outstanding collection of "must have" books and videos. Each resource addresses major employment-related issues, from changing attitudes and behaviors and being truthful and responsible to writing resumes and letters, networking, and interviewing for jobs. Can purchase separately. Special: $549.95 for the complete kit!

Books
- 9 to 5 Beats Ten to Life ($15.00)
- 99 Days and a Get Up ($9.95)
- Best Resumes and Letters for Ex-Offenders ($19.95)
- Ex-Offender’s Job Hunting Guide ($17.95)
- Ex-Offender’s Job Search Companion ($11.95)
- Job Interview Tips for People with Not-So-Hot Backgrounds ($14.95)
- Man, I Need a Job! ($7.95)
- No One Is Unemployable ($29.95)
- No One Will Hire Me! ($15.95)
- Putting the Bars Behind You Survival Guides (7 books, $59.95)
- Quick Prep Careers ($18.95)

Dvds
- Living Free ($129.00)
- Putting the Bars Behind You ($99.00)
- Re-Entry: Life on the Outside ($125.00)

Job Strategies and Workplace Success for People With Not-So-Hot Backgrounds Kit

Individuals with red flags in their backgrounds need special assistance in finding and keeping jobs. This collection of outstanding resources assists people with not-so-hot backgrounds in putting their best foot forward in what is often a difficult and challenging job market. Can purchase separately. Special: $214.95 for all 15 titles.

- Best Resumes and Letters for Ex-Offenders ($19.95)
- The Ex-Offender’s Job Hunting Guide ($17.95)
- The Ex-Offender’s Job Interview Guide ($9.95)
- The Ex-Offender’s Quick Job Hunting Guide ($9.95)
- The Ex-Offender’s Re-Entry Success Guide ($9.95)
- How to Get a Job and Keep It ($16.95)
- Job Hunting Tips for People With Not-So-Hot Backgrounds ($17.95)
- Job Interview Tips for People With Hot and Not-So-Hot Backgrounds ($14.95)
- Job Smarts ($11.95)
- Job Survival ($11.95)
- No One Is Unemployable ($29.95)
- No One Will Hire Me! ($15.95)
- Overcoming Barriers to Employment ($17.95)
- Quick Prep Careers ($18.95)
- Resume, Application, and Letter Tips for People With Hot and Not-So-Hot Backgrounds ($17.95)

Great Jobs Without College Kit

Some of today's most rewarding jobs and careers are for people without four-year college degrees. This outstanding and reassuring resource collection identifies the best jobs and how to get them. Special: $529.95 for complete kit.

Books
- 202 High-Paying Jobs You Can Land Without a College Degree ($19.95)
- 300 Best Jobs Without a Four-Year Degree ($17.95)
- Best Jobs for Ex-Offenders ($9.95)

- Best Resumes for People Without a Four-Year Degree ($19.95)
- Blue Collar Resumes ($13.95)
- Career Opportunities in Law Enforcement, Security, and Protective Services ($18.95)
- Five Secrets to Finding a Job ($12.95)
- How to Succeed Without a Career Path ($13.95)
- No One Will Hire Me! ($15.95)
- Occupational Outlook Handbook ($19.95)
- Quick Prep Careers ($18.95)
- Top 100 Careers Without a Four-Year Degree ($17.95)
- Top 100 Computer and Tech Careers ($17.95)
- Top 300 Careers ($19.95)

Dvds
- Best 10 1/4 Tips for Finding a Job Without a College Degree ($98.00)
- Great Jobs Without a College Degree ($108.00)
- Options After High School Graduation ($99.95)

Goals, Attitudes, and Motivations Kit

This powerful set of books and videos helps individuals develop the necessary attitudes, goals, and motivations for achieving success. Can purchase separately. Special: $470.95 for complete kit.

Books
- 7 Habits of Highly Effective People ($15.95)
- 100 Ways to Motivate Yourself ($14.99)
- Attitude Is Everything ($14.95)
- Awaken the Giant Within ($16.00)
- Create Your Own Future ($18.95)
- Finding Your Own North Star ($14.95)
- Focal Point ($15.00)
- Goals! ($16.95)
- The Laws of Lifetime Growth ($16.95)
- Maximum Achievement ($15.00)
- The Power of Positive Thinking ($14.95)
- The Success Principles ($16.95)
- Wishcraft: How to Get What You Really Want ($13.95)

Dvds
- Down But Not Out ($129.00)
- Looking for Work With Attitude Plus! ($99.00)
- A New Attitude ($99.00)

Discover What You’re Best At Kit

Finding the right job and career path requires assessment of interests, skills, and goals before all else. These resources are jam-packed with the tools to help you get in touch with your inner strengths. Special: $355.95 for complete kit!

Books
- Aptitude, Personality, and Motivation Tests ($17.95)
- Career Tests ($12.95)
- Create Your Own Future ($18.95)
- Discover the Best Jobs for You ($15.95)
- Discover What You’re Best At ($14.95)
- Do What You Are ($18.99)
- Employment Personality Tests Decoded ($16.99)
- Finding Your Own North Star ($14.95)
- Gifts Differing ($16.95)
- Goals! ($16.95)
- I Could Do Anything If I Only Knew What It Was ($16.00)
- I Don’t Know What I Want, But I Know It’s Not This ($15.00)
- I Want to Do Something Else, But I’m Not Sure What It Is ($15.95)
- I’m Not Crazy, I’m Just Not You ($16.95)
- Pathfinder ($16.00)
- What Color Is Your parachute Workbook ($9.95)
- What Should I Do With My Life? ($14.95)
- What Type Am I? ($14.95)
- What’s Your Type of Career? ($18.95)
- Wishcraft ($13.95)

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